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April 15, 2016

Historic River Canoe Test Run at Steel Lake



PHOTO BY EVAN AVILA

After months of hard work, the historic- 28-foot river canoe carved by Marvin "Cubby" Starr, Marvin Jr. and Tyson Simmons embarked on its maiden voyage at Steel Lake. Turn to page 6 for more.

Tribal Council Electees Sworn Into Office



Jaison Elkins



John Daniels Jr.



Mike Jerry Sr.

In accordance with the Muckleshoot Tribal Constitution, a special Tribal Council meeting was held on April 2, the first Tuesday of the month, for the purpose of swearing in three newly chosen Tribal Council Electees; Mike Jerry Sr., John Daniels Jr. and Jaison

Elkins. By the time the clock struck ten, indicating that it was time for the meeting to begin, the Tribal Council Chambers were already so full of family and friends that it was hard to find a place to stand, let alone an empty seat.

The first member to take the floor and recite the oath of office was returning council member Mike Jerry Sr. He was followed by council newcomer Jaison Elkins and, finally, returning veteran John Daniels Jr., who previously served for

Continued on page 10

2016 Muckleshoot Tribal Graduation Dates
Mark Your Calendars!

Muckleshoot Head Start (Muckleshoot Early Learning Academy):
Thursday, June 16th at 10 am in the Muckleshoot Tribal School Gym

Birth to 3 End of the Year Celebration
Friday, June 17th 12- 3 pm at Northwest Trek

Tribal School Graduations
All graduation ceremonies will be in the Muckleshoot Tribal School Gym

12th grade	Friday June 10th at 5 pm
8th grade	Monday June 14th at 10 am
5th grade	Monday June 14th at 10 am
Kindergarten	Monday June 14th at 10 am

High School Graduation Dinner
Friday, June 17th at 6pm in the Muckleshoot Casino Banquet Rooms

Higher Education Dinner
Thursday, June 16th at 6 pm in the Muckleshoot Casino Banquet Rooms

All Schools-All Grades Community Celebration
Honoring Our Graduates, June 17, 2016, 12:30 to 5:30 PM
Muckleshoot Tribal School Grounds

Auburn School District

Auburn High School
Sunday, June 19th at 4 pm at Auburn Memorial Stadium

Auburn Riverside High School
Saturday, June 18 that 4 pm at Auburn Memorial Stadium

Auburn Mountain View High School
Saturday, June 18th at 11 am at Auburn Memorial Stadium

West Auburn High School and Virginia Cross Native Education Center
Saturday, June 18th at 1:30 pm at the Auburn Performing Arts Center

Auburn School District Native American Program "Honoring our Native American Graduates" Celebration
Wednesday, June 8th from 5:30 pm to 8 pm at Auburn High School - Dinner in the Commons

Enumclaw School District
Monday, June 13th at 6:00 pm at the White River Amphitheater

Enumclaw School District Native American Program "Honoring our Native American Graduates" Celebration
Thursday, May 26th from 7:00 pm to 9 pm at Enumclaw High School Auditorium

Educational Opportunity Gap Bill is Signed into Law

By Evan Avila

Tribal Council Chair Virginia Cross and newly elected Tribal Council Vice-Chair John Daniels, made the trip to Aki Kurose Middle School in Seattle to witness Governor Jay Inslee sign House Bill 1541 into law. The goal of the bill is to implement strategies designed to close the educational opportunity gap, which it defines as "the persistent disparity of



PHOTO BY EVAN AVILA

Tribal Council Chair Virginia Cross and Vice-Chair John Daniels, gather around Governor Jay Inslee for the signing of House Bill 1541.

educational measures between the performance of groups of students, especially groups defined by socioeconomic status, race/ethnicity and gender." Some of the tactics the new law will employ in an effort to narrow this gap include the following:

- Reduction of the length of time students are suspended/expelled, provide reengagement plans.
- Enhance cultural competence of current and future educators.
- Analyze the opportunity gap through deeper disaggregation of student demographics;
- Recruit and retain educators of color; and
- Incorporate integrated student services and family engagement.

The ceremony began with an impassioned speech from State Representative and HB 1541 sponsor Sharon Tomiko Santos:

"Education is a basic civil right," Santos explained, "We know that the number of students of color – 462,000 out of the 1.1 million students in Washington State – is a growing number, and that is another reason why being here at Aki Kurose is so important. We have a student population of 96% students of color..."

Santos went on to explain that the learning experience that the students of Aki Kurose receive should be what students of color throughout Washington State should receive.

At the conclusion of Representative Santos's speech she took the time to acknowledge everyone involved with the development of the bill, including Virginia Cross, John Daniels Jr., and

the Muckleshoot Indian Tribe.

In order to honor the achievements of the Aki Kurose staff for cultivating the exemplary learning experience for students of color, Principal Mia Williams was presented with the Washington State Principal of the Year Award.

"The people who really deserve this award are the staff and students," Williams began, "these guys are amazing and it is an honor to be their Principal."

At the conclusion of her glowing speech, Williams brought up a group of Aki Kurose students for a hearty round of applause.

With the preliminaries out of the way, it was time for Governor Inslee to take the floor and put the finishing touches on the ceremony. The Governor gave a speech explaining how institutional racism has put students of color at a disadvantage for centuries.

"The educational opportunity gap is like a long shadow that has been cast over the State of Washington," he said. "I look outside and I see the beautiful weather. The sun has chased away the clouds. I feel that this bill will chase away the clouds of poverty, the clouds of inequality, the clouds of discrimination, and the clouds that have been slowing down the progress of what we can achieve."

At the conclusion of Governor Inslee's speech, Tribal Council members, who had worked long and hard for the passage of House Bill 1541, were invited to join the Governor on stage for its official signing. Many pictures were taken and it was a day that will be long remembered by those that were present to witness this historic event.

Town Hall Meeting Re-Cap

By Evan Avila



Due to an increased level of community participation, the second official Town Hall Meeting was moved from the Phillip Starr, Cougar Room to the Muckleshoot Elders Center, in hopes of accommodating numerous new participants.

The Language Program delivered the opening invocation for the evening and performed the Mt. Rainier Prayer Song to kick things off on a good note. Virginia Cross followed with an overview of the nights goals.

Neil Cornelius provided the audience with a walk through of how the suggestions from the first Town Hall Meeting had been introduced to the original Strategic Plan Priorities. He also explained the steps that have been taken towards making the Strategic Plan a reality since the previous month.

At the conclusion of the presentation, Neil opened the floor for Tribal Members to voice their questions, comments, and concerns.

Some of the issues raised at the meeting involved Tribal education, Tribal land, Tribal sovereignty, weaknesses that had been identified in Tribal programs, a lack of Tribal ball fields, racial profiling, and wage inequality.

Tribal Members were allowed speak on whatever weighed heavy on their heart until the official conclusion of the meeting at 8 pm. John Daniels closed the evening with an inspiring speech on the importance of community.

New 520 Bridge Opens After Years of Negotiations Between State and Tribe

On Saturday, April 2, Muckleshoot Tribal Chair Virginia Cross joined Gov. Jay Inslee and other dignitaries in cutting the ribbon to open the new 520 Bridge, marking the end of a long journey taken by the Muckleshoot Tribe and the State of Washington.

The new span – at nearly 1.5 miles the world’s longest floating bridge – lies in a particularly sensitive sector of the Muckleshoot U & A Area, and MIT professional and scientific staff spent years resolving a wide range of environmental, cultural and archaeological issues with the state.

The ceremony opened with a blessing of the bridge by Tribal Councilman Louie Ungaro, and closed with a traditional song by Eileen Richardson, Latasha Moses Gonzales, Mary Ross Jr., Eric Pacheco and Elizabeth Ocampo of the Muckleshoot Language Group.

An estimated 25,000 to 30,000 people showed up to walk on the bridge, leading to numerous logistical problems on the windy span as shuttle buses were overwhelmed. A 10K walk/run from Husky Stadium earlier in the day drew 12,000 participants.

PHOTOS BY EVAN AVILA



PHOTOS FROM THE 2016 TRIBAL COUNCIL SWEARING-IN CEREMONIES

PHOTOS BY EVAN AVILA



EMERALD DOWNS ENJOYS PICTURE PERFECT OPENING DAY

Before a large sun-kissed crowd, Emerald Downs launched its 20th Anniversary season of live Thoroughbred action with a nine-race card on Saturday, April 9.

Leslie Mawing and Rocco Bowen were the riding stars, each recording three wins including Bowen's resilient victory in the featured \$20,500 Muckleshoot Casino Purse.

Owned by Ron Crockett, Inc. the speedy 3-year-old filly Jerre to Carrie covered six furlongs in 1:08.70, edging a very game B C Z Middleton in the final jumps of a thrilling stretch duel.

"Today was a huge win," Bowen said. "These were good fillies she beat today."

Slate of 28 Stakes Races Begins May 8

Emerald Downs has announced 28 stakes worth \$1,620,000 in purses, beginning with the \$50,000 Seattle Stakes on May 8 and concluding September 11 with the \$65,000 Gottstein Futurity for 2-year-olds.

The 81st running of the \$200,000 Longacres Mile is the centerpiece of the 70-day meeting and anchors a Sunday, August 14 double-header that includes the \$65,000 Emerald Distaff for older (4 years and up) fillies and mares.

Annually attracting several of the nation's fastest middle-distance runners, the Longacres Mile culminates a tremendous four weeks of racing featuring championship events in four categories. In addition to The Mile and Emerald Distaff, 3-year-old fillies meet in the



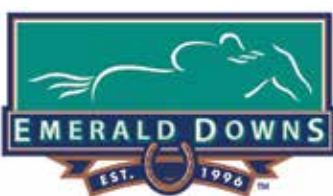
PHOTO BY PHIL ZIEGLER

\$75,000 Washington Oaks on Sunday, July 24, and 3-year-olds line up in the \$75,000 Emerald Downs Derby on Sunday, July 31.

Mile Preview Day, Sunday, July 17, offers a quadruple-header including the \$50,000 Mt. Rainier Stakes, the \$50,000 Boeing Stakes, the \$50,000 Angie C Stakes and the \$50,000 Emerald Express.

Washington Cup Day, featuring six stakes races for Washington-breds worth an aggregate \$300,000 in purses—will be held Sunday, August 28, with the \$50,000 Muckleshoot Tribal Classic anchoring the all-star card.

Live racing continues through September 11. First post is 6:30 PM Fridays and 2:00 PM Saturdays and Sundays.



Muckleshoot Casino Purse Winners Circle, Opening Day 2016

PHOTO BY PHIL ZIEGLER

Calling all 2016-2017 Skopabsh Royalty Contestants

This notice is intended for anyone interested in learning more about running for this year's Skopabsh Pow-Wow Royalty. Powwow dates are: August 19-21, 2016.

What are requirements, expectations, and characteristics of Skopabsh Royalty? Royalty members are young role-models for our community; they display commitment to academics, cultural traditions, and a healthy lifestyle. They are confident, reliable, and respectful. They should also be of Muckleshoot decency and their parent or guardian must be a tribal member or work for the Muckleshoot Indian Tribe.

Royalty responsibilities include but are not limited to:

Representing self and our community in a respectful manner in any situation.

Participation in as many cultural and public events as possible, I.e. Pow-Wows and Community/ local events such as Tribal dinners, City parades, etc.

Contestants will be judged in the following areas:

-Public speaking - Dancing - Ticket sales

Categories include: Miss Skopabsh (13-18), Jr. Miss Skopabsh (7-12), Lil' Miss Skopabsh (6 & under), Warrior (12-18), and Lil Warrior (11 & under)

Tickets can be obtained from Wendy Lloyd

She may be reached by phone at (253) 804-8752 ext 3211 or By E-mail at wendy.lloyd@Muckleshoot-Health.com

*Only a limited number of tickets will be distributed at a time, funds will need to be submitted before additional tickets are issued.

The Deadline for All ticket stubs, remaining tickets, and money, to be turned in to Wendy, is **Sunday, August 21st at noon, Muckleshoot Powwow grounds**
Hope to see you at the PowWow and Good Luck!



Pamela Jeannette Daniels

Pamela Jeannette Daniels, 29, of Enumclaw died April 4, 2016. She was born December 7, 1986 to Patrick and Regina (Morrison) Daniels in Auburn, Washington.

Pamela loved babies, no matter whose baby. She liked butterflies, Seahawks, slurpee's and gambling. She enjoyed wearing her jewelry, going swimming during the summer months, family gatherings and especially lasagna. She also enjoyed riding her three-wheeled bicycle, attending concerts, getting her nails done and dying her hair different colors. She was a fan of Marilyn Monroe.

Pamela is preceded in death by her grandmothers, Jeannette "Brown" Miller and Theresa McKay, grandfather Gresham Morrison, and brother Dale Morrison.

She is survived by her parents Patrick Lee Daniels and Regina Sue Morrison of Enumclaw; three brothers, Peter Daniels, Patrick Daniels Jr. and Stanley Daniels, all of Auburn; two sisters, Jonnie Leandro of Auburn, and Dino Daniels of Enumclaw; and grandfather Leo "Tiny" Daniels of Enumclaw.

She is also survived by nieces Patience Daniels and Simone Daniels, both of Enumclaw, Gracia Daniels of Tacoma, Mareli Leandro, Kalinuh Leandro and Lea-Jinn Leandro, all of Auburn; and nephews Jesse Daniels of Enumclaw, Stanley Daniels Jr., Jayden Daniels, and Sahale Daniels, all of Auburn.

A funeral service was held on April 7, 2016 at the Muckleshoot Shaker Church, followed by burial at the Courville Cemetery. Please sign the online guest book at www.weeksfuneralhomes.com



Memorial For:

Marie Paul

"Big Gram"



April 16th, 2016

Headstone setting will be at

10:00am

At the

New White Lake Cemetery

Lunch and give away will follow at the

Muckleshoot Shaker Church

Lisa Starr will bless the Headstone



Weekend Trip to Priest Rapids

By Donna Starr

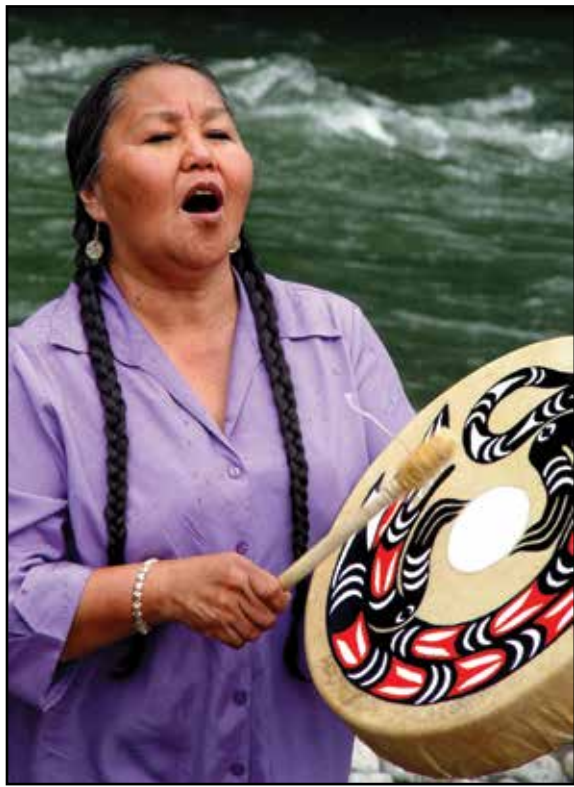


PHOTO BY JOHN LOFTUS

This last weekend Theresa and I went to Priest Rapids for a celebration of the coming back of the roots! Oh what a beautiful experience that was!

At first we went and reserved a room for the night, and then we went to find out where the ceremony was going to be. We found the place and it was so neat! The long house was just beautiful! We went back to our room and spent the night there.

The next day we had breakfast with Jan Maurice at a restaurant, and then we went out to the Priest Rapids! It was just beautiful! Everyone had on their Indian Clothing- men had on their leather pants 'N' leggings. The ladies had on their wing dresses! Some of them had on leather wing dresses! Even the kids had on their home made clothing! Oh it was so beautiful!

Then they make you wait to go in. The men go in from the oldest to the youngest. Then they line up the ladies from the oldest to the youngest. Of course we were at the head of the line! LOL! Cause we're so old!

Then the lead man sings, and we go in to be seated for the meal. Wow! They all sat on the floor! But, because we were so old they sat us on a couch with a T.V. plate! Then when you got ready to eat, you had to wait until the lead man said, "Drink the water" in Indian Language. We drank the water. Then he said the different kinds of roots and stuff in Indian Language and we had to take a bite of it to start our meal! Then, once that was all done, he said we could go ahead and eat.

There were words shared at the table. PUD was there because that's who allowed them to stay there when the Government moved everyone to their Reservations! Some of the old

timers got up and talked about "way back when". They talked about how they were allowed to stay there and stuff like that. They talked about how they keep having this gathering once a year to show the young people how we are supposed to respect the food, the roots, the deer, the elk, the fish and everything that we eat! We had taken in some of the roots that we've never had before.

One man got up and talked about this one "creek" or "crik", "Whichever one you wanted to use" he said. Theresa and I just cracked up laughing because our sister Mary used to get after her about saying "creek" not "crik." It was so funny!

I stopped and thought about how long the ladies were busy out there gathering the roots. How they had to peel them and get them ready to cook. Wow! Then the men; how many hours they spent fishing, hunting, and cooking outside! I had to say a prayer for them for spending all of that time out there.

Anyway, I had to talk! I wanted to talk but stayed back until a lady said to me, "How come you don't get up and share a few words?" I said, "I know" but didn't feel like what I had to say was important. So anyway, I asked for the microphone and the man gave it to me. I told them that I was Donna Starr from Muckleshoot and was so impressed with how much they are teaching their young people!

They have two of our kids over there who are on foster care. They are being taught all of their ways, their teachings and everything! Wow! I said, "You people are teaching these young people so much." I told them that we from Muckleshoot lost a lot of the teachings about the roots and those kinds of foods. I told them that "We were under the Medicine Creek Treaty and the Point Elliot Treaty." I told them that our kids do not know all of these roots and delicious foods that we ate today. I can't remember all of what I said but I thanked them for teaching us some good things and for the great food that they shared with us on this day. I also thanked the cooks, the hunters and the fishers for all of the work they put on to bring out the good food.

Once they finished the meal, we were told that we had about half hour before we went into the ceremony. Then we went outside to the car and waited and waited for them to bring us in again. Then, pretty soon, they had the men gather up again from the oldest to the youngest, and the women too, from the oldest to the youngest. Then they sang, we went in and they locked the doors so that no one could go in or out.

The leader of the ceremony and about seven other men sat down in a row at the front of the people and began to take turns singing 12 songs! They were beautiful songs! The songs were in their Language! During the singing people got up and stood in the middle of the floor, and then, when the song ended, they were able to free themselves, say anything that was on their mind. It was just really neat!

Vashon Clam Digging Open & Oyster Permits Available

The Muckleshoot Fisheries Division is pleased to announce that the Tribe's Vashon Island tidelands are OPEN for Clam Digging and Oyster Harvest Permits are now available at the Fisheries Office.

Fisheries staff routinely samples the clams and oysters at the tidelands and analysis by the Washington State Department of Health has shown that the level of the toxin that causes paralytic shellfish poisoning – also known as red tide – is within acceptable limits, allowing harvest of all bivalve species at the beach. Check the Fisheries hotline (1-800-FISH-NOW) to get the latest update.

To harvest oysters, Tribal members – 18 years or older – must first obtain an Oyster Harvest Permit from the Fisheries Office in the Philip Starr Building. Each permit allows the subsistence harvest of 60 oysters on three separate occasions – no commercial harvest is allowed. After using the Oyster Permit for three days of harvest, the permit holder must return it to the Fisheries office for another permit to be issued – so please make sure to return all old Oyster Permits even if you didn't harvest any oysters. This allows MIT Fisheries to monitor and keep an up-to-date inventory of the oyster resource at the tidelands.

For individuals who cannot walk the 1/4-mile trail down to the Tribe's beach, special oyster requests from Tribal Elders and disabled Tribal members can be made at the Fisheries office.

The natural populations of butter clams, little-neck steamers, cockles, and horse clams at the tidelands are in good condition, see the accompanying harvest information or contact Andy Dalton (253-876-3131) about harvesting opportunities. Please remember to always check the hotline (1-800-FISH-NOW) in the morning before going clam digging.

Things You Should Know About Clam Digging

1. Beware: You can get sick from clams harvested at Adelaide Beach, Alki Beach, Redondo, Lincoln Park, Salt Water State Park and all other beaches between Seattle and Tacoma. They are all potentially polluted and are closed by the Department of Health.

2. Tribal members can dig clams at the Tribe's property on Vashon Island. There are lots of butter clams and some steamers, horse clams and cockles at the beach. Directions are provided at the end of this list.

3. Fisheries staff will be routinely testing the clams at the Vashon beach for "red tide" to insure the clams are safe to eat. Always check on the Fish Hotline (1-800-FISH-NOW) for results to see if the Vashon tidelands are open.



4. The Vashon tidelands are rocky and digging clams is more difficult than at sandy or gravel beaches. A clam shovel works well and some folks use a garden fork, but small clam rakes do not work very well.

5. If you want to go to the property by personal boat, the Fisheries Division will provide you with a chart to locate the tidelands and a good place to anchor or beach your boat.

6. The driveway at the property has a locked gate so call the Fisheries Division: 253-876-3131 to get the combination to the locked gate and updated red tide results.

7. Check the ferry schedule that is printed here with the tide charts. There is a fee for the ferry from Fauntleroy (West Seattle) to Vashon.

8. Fisheries staff will also be organizing clam-digging trips to Vashon Island for Tribal members who would like to visit the property for a half-day outing, call Andy at the Fisheries Division, if you are interested.

9. There are various shellfish enhancement projects going on at the Tribe's tidelands. Do not harvest any of the shellfish in areas marked with RED markers.

10. Oysters can be harvested from the area marked with GREEN buoys and only with an Oyster Harvest Permit, which are available from the Fisheries office.

Directions to get to the Tribe's Clam Beach on Vashon Island

For Navigation Apps use the address: 13060 Vashon Highway Southwest, Vashon Island, WA.

Take I-5 north to the West Seattle Bridge and take exit # 163 westbound.

Go west on the bridge to West Seattle – after two sets of lights you will continue with a slight left (after Trader Joe's) +onto Fauntleroy Way SW.

Follow the signs straight to the Fauntleroy/Vashon ferry.

Make sure to take the Vashon ferry, not the Southworth ferry.

On Vashon Island, follow the main road (Vashon Highway) up the hill (south) about 1.87miles from the ferry dock.

The Tribe's property driveway is on the LEFT side of the road and is marked with a "Muckleshoot Indian Tribe" sign.

The driveway is a dirt road and there is a locked gate about 100 yards down the driveway. The combination is _ _ _ _ . (Get combination at Fisheries Office before leaving).

After the gate, follow the driveway all the way down to the small parking lot next to a small shed – just past the portable toilet. The trail to the beach is marked with a sign: "Beach Trail".

Once down on the beach, to find a good place to dig clams, walk to the right (south) for a few minutes and try digging half-way to the water.

It is easier to dig clams with a small shovel (not a rake) and remember to protect the young clams by back filling all holes.

...✂.....✂.....CLIP and SAVE.....✂.....✂.....

CLAM DIGGING TIDES - VASHON ISLAND

April -May 2016

Day	Date	Time to Dig	Low Tide level & time
Sunday	April 24th	12:00 pm – 2:00 pm	-0.4 ft @ 1:08 pm
Monday	April 25th	12:30 pm – 3:00 pm	-0.5 ft @ 1:44 pm
Tuesday	April 26th	1:00 pm – 3:30 pm	-0.5 ft @ 2:24 pm
Thursday	May 5th	9:30 am – 12:00 pm	-0.5 ft @ 10:35 am
Friday	May 6th	9:30 am – 1:00 pm	-1.7 ft @ 11:18 am
Saturday	May 7th	10:00 am – 2:00 pm	-2.5 ft @ 12:02 am
Sunday	May 8th	11:00 am – 2:45 pm	-2.8 ft @ 12:47 pm
Monday	May 9th	11:30 am – 3:30 pm	-2.6 ft @ 1:33 pm
Tuesday	May 10th	12:30 pm – 4:00 pm	-2.1 ft @ 2:22 pm
Wednesday	May 11th	1:45 pm – 4:45 pm	-1.1 ft @ 3:12 pm
Saturday	May 21st	10:15 am – 1:00 pm	-0.8 ft @ 11:34 am
Sunday	May 22nd	10:30 am – 1:45 pm	-1.2 ft @ 12:06 pm
Monday	May 23rd	11:00 am – 2:20 pm	-1.4 ft @ 12:40 pm
Tuesday	May 24th	11:30 am – 3:00 pm	-1.5 ft @ 1:18 pm
Wednesday	May 25th	12:15 pm – 3:30 pm	-1.4 ft @ 1:58 pm
Thursday	May 26th	1:00 pm – 4:00 pm	-1.0 ft @ 2:41 pm

...✂.....✂.....CLIP and SAVE.....✂.....✂.....

MUCKLESHOOT WINTER POWWOW

February 6th, 2016, Muckleshoot Tribal School Gym

PHOTOS BY BOB CHARLO



River Canoe Test Run

March 10, 2016 - Steel Lake

PHOTOS BY EVAN AVILA

The efforts of Marvin "Cubby" Starr, his son Marvin Jr., and Tyson Simmons paid off on March 10th. With the construction of their beautiful 28 ft. river canoe complete, it was time for the final test.

Thanks to the help of the Muckleshoot Canoe Family, the canoe was safely loaded on to the back of a trailer and taken to Steel Lake. After a quick prayer and some words of encouragement the canoe was placed in the water. Without any initial signs of leakage, the situation looked promising.

The crew boarded the canoe and pushed off on their first voyage. The canoe was able to float the lake without issue. The first River Canoe to be carved at Muckleshoot since the one carved by Marvin and his father for the 1989 Paddle to Seattle was a success!

The culmination of years of experience and teachings from Marvin Sr., and months of hard work carving came to a head as the canoe glided through Steel Lake. Every spectator standing on the shore witnessed history in the making as the canoe made its rounds.



The Evergreen State College Reservation-Based, Community Determined Program
Student Focus: Janice Jainga Lonergan

During winter quarter, 2016, Janice Jainga Lonergan, Tsimshian, shared her autobiography with other students attending at the Muckleshoot site, as part of the students' winter quarter, 2016 work. The following information includes excerpts from her writing.

Janice, who is Tsimshian and Filipino, shared that while growing up, her family members were not allowed to learn the Filipino language from her paternal great-grandfather, even though they begged him to teach it to them. He told them, "You live in America and you need to speak English to fit in and not to be singled out as different."

Their grandfather told them about him being a stowaway on a ship when leaving the Philippines to come to America. They were deep at sea when the crew found him and the captain threatened to toss him overboard for being a stowaway. But, he convinced the captain that he could help in the kitchen and that he knew how to cook good food because the current cook wasn't a very good cook. He knew this because of the samples of his cooking he had tried. The captain allowed him to fix a meal for him and it was happily accepted, as he was an excellent cook.

During World War II, he came home after working late one night. Because there was a curfew, he was stopped and beaten up by a group of white men who thought he was Japanese. When he reported this to the police, they gave him a paper sign to wear on his jacket that said "I am not Japanese," and told him not to be out after curfew. Because of this, he felt they should not speak the Filipino language, so they would not get hurt for being different.

On her Tsimshian side, Janice shared stories about her Mahtilda, her great-grandmother, who traveled in a canoe from Metlakatla to Washington state, all while carrying her first child, which was Janice's grandmother. As mentioned before, Janice's great-grandfather would not allow Mahtilda, to teach their children her Tsimshian language and culture – it was forbidden.

One day, he returned home from work and heard his daughter, Ella, say something to her mother in Sm'algax, the language of the Tsimshian. He picked up a piece of wood and threw it at his daughter. It hit her in the face, breaking her nose. He told her to never speak that Indian language again and she never did. They could not afford to go to the doctor to have her nose taken care of and after this incident; she always had a crooked nose.

Because of him forbidding the teachings of culture and language, members of Janice's family grew up in a household that was largely absent of traditional teachings. But today, everyone in the Jainga family has been working hard to recapture lost cultural and traditional practices of their people. One of their family members carved and painted a mask to honor their Grandmother Ella, and it is complete with a crooked nose that helps to underscore the history and reasons, for the loss of culture and historical traditions in their family. Today, they are the carriers of important history, and are members of Tsimshian Haayuuk, a local Tsimshian dance and song group that performs all over the Pacific Northwest.



Tsimshian Haayuuk is based in Seattle. The purpose of the group is to serve as an outlet for Tsimshian culture, to bring awareness of the Tsimshian culture to the general public and other tribes, and to perform at Indian and non-Indian events

The nucleus of the group formed out of a committee that, in 1996, hosted the first modern potlatch in Seattle. The one day potlatch hosted, gifted, and fed more than 1,500 people. The group's intent was to perform at this single event, but decided to stay intact. Since 1996, the group has performed in the Seattle area, British Columbia, Oregon, Washington, Alaska and at other events outside of the Pacific Northwest such as the Eiteljorg Museum in Indianapolis and in Orlando at Disney World.

Each dance reflects a Tsimshian interpretation of common themes such as fishing, hunting, first contact with non-Indians, family history and our relationship with the spirit world. Unique highlights of the group include theatrical and choreographed dances, the use of bent-wood box drums unique to the Tsimshian tribe, and handmade dance regalia consisting of button robes, masks, and headpieces.

Since Janice entered the program, she has been hard at work on everything from representing the Muckleshoot site at the Student Governance meetings, to writing an application from Evergreen's Foundation Student Activity grants, which will help to underwrite the costs of making the students' regalia for the graduation. Janice voluntarily made cedar rope necklaces to gift to each of the speakers this year. Program Director Cindy Marchand-Cecil shared that "In everything she does, Janice gives it 100%. She has worked very hard to help everyone in the program, from writing grants, to providing generous gifts to the students' fund-raising efforts."

Janice concluded her autobiography by sharing that "Whether I'm weaving, working regalia, singing and dancing or just listening to the Sm'algax language, it is very meditative to me. These activities give me a sense of peace throughout my entire being. It is as though I am closing a broken circle of culture with my ancestors who are watching me. I know that they are delighted and content. It is a privilege that I am a witness to my ancestors in resonating and living the Tsimshian culture that was stripped away from them. I know that they are pleased with my actions."



Janice Lonergan and Doreen Nathan, Burke Museum, November 2010



Janice Lonergan and John Beard, Master Weaver, Burke Museum, November 2010



Janice Lonergan, Ravenstail robe by John Beard, Burke Museum, November 2010

MOST Program – Courage 360

April 6th – Resumes – 3-5 pm

April 13th – Interviewing I – 3-5 pm

April 20th – Interviewing II – 3-5 pm

April 27th – Time Management and Stress Management – 3-5 pm

Continuing Education

April 20th – 5:30 -7:00 pm Room 206

Behavioral Health Workshop: Overview of At Risk Behavior for Self and Others

April 28th -5:30-7:00 pm Room 203, Behavioral Health Workshop: Grief and Loss

GED

Social studies classes begin April 4th

Closed April 11th to the 13th for a conference

NWIC

Spring quarter begins April 4th

Last day for 100% REFUND for withdrawal from spring quarter **April 21st**

Career Day

May 4th & May 5th at Emerald Downs 9am – 2pm.

The Evergreen State College

The Evergreen State College, Grays Harbor and Peninsula Colleges collaborate to provide a Bachelor of Arts degree on various Indian reservations in western Washington. Students can earn an AA through the on-line Reservation-Based, Community Determined Program. Once they earn their AA, or once they have 90 transferable credits, students can transfer into the Reservation-Based B.A. program. Designed for place-bound students with connections to tribal communities, the program has been "reservation based" from the beginning with classes held on Indian reservations in western Washington.

Contact:

Cindy Marchand-Cecil – Evergreen
 Phone: 360.458.4226
 Email: marchanc@evergreen.edu

Continuing Ed:

Mitzi Judge Phone: 253.876.3395
 Email: Mitzi.judge@muckleshoot.nsn.us

GED Learning Center:

The GED Learning Center (GLC) works to prepare second-chance adult learners in the Muckleshoot Community to obtain their GED credential. We seek to serve students by offering free or low cost educational support, engaging students with cultural and real world curriculum, and building GED graduates to become work and college-ready.

Contacts:

Cary Hutchinson
 GED Instructor
 253-876-3375
 Cary.Hutchinson@muckleshoot.nsn.us

Mitzi Judge
 GED Test Administrator
 253-876-3395
 Mitzi.Judge@muckleshoot.nsn.us

Northwest Indian College:

Two Associate's level degrees:

The Associate of Arts and sciences (AAS), often referred to as the "Direct Transfer Degree"
 The Associate of Technical Arts in Chemical Dependency Studies (ATA-CH)

Two Bachelor's level degrees:

The Bachelor of Arts in Tribal Governance and Business Management (TGBM)
 The Bachelor of Arts in Community Advocates and Responsive Education in Human Services (C.A.R.E.)

Contacts:

Site Manager: Kendra Aguilar
 Phone: 253.876.2831
 Email: kaguilar@nwic.edu

Instructional Aid/Technician: Melissa Reaves
 Phone: 253.876.3274
 Email: mreaves@nwic.edu

MOST Program:

The Muckleshoot Indian Tribe believes that each tribal member should have the opportunity and support from the Tribe to achieve his or her educational goals. The Tribe views the Higher Education and Vocational-Technical Scholarship Program as an investment in both the tribal member and the future of the tribal community.

Contacts:

Marie Marquez, Financial Aid Director
 at 253-876-3382
 Dena Starr, Scholarship Program Manager
 at 253-876-3147
 Victoria Lucky, Acting Academic/Career Counselor
 at 253-876-2845
 Melissa Scearcy, Admin. Specialist II at 253-876-3378

MIT Scholarship Program:

Summer 2016 application periods are April 15th - May 27th
 Fall application periods are July 8th - August 19th

JANET EMERY, PROGRAM ASSISTANT 253.876.3355
 RENEE LOZIER-ROJAS – MOST PROGRAM LIAISON 253-876-3292
 ANDREW MIKEL – MOST PROGRAM COMPUTER LITERACY INSTRUCTOR, 253.876.3305
 CORD ROSE – MOST PROGRAM IT INSTRUCTOR – 253.876.3344
 DENISE BILL – MOST PROGRAM MANAGER – 253.876.3345

CONGRATUALIONS DAVID AND MELISSA!

Two of our very own, Northwest Indian College – Muckleshoot Site students, David Miramontez and Melissa Naeimi were selected to represent NWIC at the annual American Indian Higher Education Consortium (AHIEC) in Minneapolis, Minnesota.

After nomination from one of his instructors, Cary Hutchinson, and support from Kendra Aguilar and Melissa Reaves at the site, David was chosen by the American Indian College Fund as the "Student of the Year," and will receive a \$1000 scholarship to be applied toward his education. Melissa Naeimi led the NWIC team to victory and won the Business Bowl! We could not be more proud of these two!



Melissa Naeimi



David Miramontez



SCHOLARSHIP PROGRAM POLICY REVISIONS



The Scholarship Program Policies were recently updated!

Here is a summary of the changes that were made:

1. **Orientation** – Orientation will be required of each student once per academic year before receiving funding starting with the 2016-2017 academic year (Summer 2016). In-Person and Online Orientation will be offered.
2. **Funding for College Visits** – Funding will be available for seniors to visit a college. Must have a 3.00 or higher cumulative GPA or be in the top 30% of class.
3. **Running Start Funding** – If the high school doesn't provide funding the Scholarship program will fund for tuition, books and travel to students under 21 years old.
4. **Incentivizing Timely Completion** – There will be a cap on how much funding can be spent towards different degrees.
5. **Reinstating Disqualified Students** – If student is disqualified because of grades they can pay all funds back and then appeal to the Education committee to reinstate to "Good Standing". This does not include students that were disqualified due to fraud.
6. **Graduate Accreditation** – Only Post-Baccalaureate Degree Programs (such as JD, MBA, MD, etc.) accredited by the premier professional accreditation agencies in the field will be funded.
7. **Online Schooling** – Students seeking online only programs will need to justify to the committee the reason for attending only online.
8. **Academic Counseling** – Students being placed on probation will need to meet with the Scholarship Counselor to create a written action plan in order to receive continued funding.
9. **Laptops** – There will be a laptop incentive for students with a 3.0 GPA or above on a 4.0 scale (or the equivalent on alternative scales) each term for three consecutive quarters or two consecutive semesters as a full-time student.
10. **GED Incentive Payments** – Initial GED payment will be disbursed in three \$50.00 gift cards and the remaining \$483.00 to be added to GED incentive payment.
11. **No Repeated Courses** – Scholarship will not provide any funding for repeated courses, except by special petition to Education Committee
12. **Graduate Credit Hours** – "For graduate programs, determination of full-time and part-time status and corresponding Muckleshoot funding percentages will be based upon the criteria used by the regionally accredited, enrolling institution." Effective date for this standard is January 1, 2016, and no funding issued for enrollment previous to this date will be adjusted.

If you would like to know the full extent of the changes you can call or email the Scholarship Program for a copy of the guidelines or to ask questions.

Phone: 253-876-3378

Email: ScholarshipsDept@Muckleshoot.nsn.us



Elementary School Students of the Month for March



Aaron Ramos

Aaron is the Student of the Month. He has been making solid progress in reading and math. We appreciate his great sense of humor. Aaron comes to school every day with a big smile on his face and a willingness to help others. Aaron is a wonderful friend to others.



Adriana Cross

Student of the Month is Adrianna! Adrianna always strives to be on task during the school day, setting a good example for her classmates. Her caring nature is also a great attribute, in which she possesses, and this is demonstrated by her interaction with others. She is a good friend and always willing to help out. Way to go Adrianna and keep up the good work!



Aleela RedThunder

Aleela has had good attendance this month. She works hard on assignments and has especially worked hard on learning her multiplication facts. She is responsible, respectful and is well-liked by her teachers and peers. She helps out the younger students when she gets the chance.



Annasyn Benson

Ms. Azure's Student of the Month is Annasyn Benson! Annasyn is an amazing student that comes to school almost every day and is always ready to learn. She is also a good friend to everyone and enjoys helping others. GREAT JOB ANNASYN!!!



Benjamin Anderson

I would like to nominate Benjamin Anderson as my Student of the Month. Benji is a good friend to all the students in the class. He is a good leader and a role model to others. He is a hard worker who always does his best. His classmates look up to him. He is kind and fair to all.



Gavin McCoy

Gavin McCoy is Ms. Heather's Student of the Month. Gavin has been working very hard this year in and out of class! He is a great reader and a kind friend! He always has a kind word and a smile! Thanks Gavin, for being such an awesome first grader!!



Lillian Lozier

Lillian is such a hard worker and is always doing the right thing. I can always count on her to be a great friend to her peers. Thank you Lillian for always being so awesome!



Malia Meyer

Malia has been showing great improvements. Her academics have improved and her attitude change is showing her leadership skills. Great job! Keep up the good work!



Miles Enos

I nominate Miles Enos, his creativity blew me away this month, and he is always on task and helps others around him.



Payton Brown

Payton Brown is student of the month because he has learned to put effort into his work and makes good choices during his day. He is also a great reader! We are proud to have Payton in our class.



Robert Sam

Robert is a kind, energetic fourth grader. He loves sports, especially football. He demonstrates positive sportsmanship. He helps others in class, when given the opportunity. He has been working on following teacher's directives in a positive way. He is an awesome student!



Taveyah Nouata Jansen

Taveyah Nouata Jansen is the Student of the Month. She is consistently pleasant and so helpful to everyone, everywhere. If she notices a child needs help following directions, she will assist them, without doing it for them, but instead teaches them how. She is always kind and never condemning. She tries her hardest, always! We are lucky to have Taveyah at Muckle-shoot Tribal School!



Tristan Thompson

Tristan Thompson is being chosen for Student of the Month. Tristan always follows rules and guides his peers to do the same. He is friendly and helpful to all who are around him. He shows respect to everyone. He tries his best in all academic areas, especially in spelling where he does a superb job! Tristan is a pleasure to have in class.



Aloysius Simmons

Aloysius Simmons is our Student of the Month! Wishy has been coming to school ready to learn and shows a great deal of responsibility. He is participating more and more, and contributes to class discussions! He tries his best to complete his assignments and is improving every day. Wishy gets along with all his peers and his class mates love having Wishy in their class.

MUCKLESHOOT TRIBAL SCHOOL - PARENT SURVEY - 16-17 School Hours

Many Public School Districts are re-evaluating secondary student schedules and choosing to follow the research that says that teenagers would do better in school if their school day starter later. Please complete this survey indicating your preferences for 16-17 school year.

Please circle the grade(s) your child/children are in:

K 1 2 3 4 5 6 7 8 9 10 11 12

SCHOOL STARTING HOURS:

1. Middle School/High School should continue to start at 6:50am - ____ Yes ____ No
2. Middle School/High School should start the same as elementary at 8:30am - ____ Yes ____ No
3. IF all students started at 8:30am do you support k-12 sharing same buses - ____ Yes ____ No

SCHOOL EARLY RELEASE/LATE START HOURS:

1. Currently all students start one hour late on Wednesday's , this should continue - ____ Yes ____ No
2. I would support changing from one hour late start Wednesday to 1 hour early release on Wednesday's - ____ Yes ____ No

Additional Comments/Concerns:

Please return to the Muckleshoot Tribal School Main Office or email to kay.turner@muckleshoottribalschool.org

bəqəłšutucid basics 1

THE LANGUAGE PROGRAM IS OFFERING DAILY COMMUNITY CLASSES
Open to all ages and community.

Monday-Friday 3:00pm-4:00pm & 5:15pm-6:15pm
Tuesday 12:00pm-1:00pm (lunch provided)

Muckleshoot Language Program Building
39001 172nd Ave. Auburn, WA 98092

For more information

Please contact:
Eileen Richardson 253-876-3197
Or
Mary Ross JR 253-876-3306

If you would like your youth to attend any of these classes directly after school, please make proper arrangements with their bus transportation to get off at the Language Program.

Parents are responsible for picking up their children when classes are over.

Please notify the Language staff if your child will be attending.

COMMUNITY CLASSES

COME & JOIN US: Every 2nd & 4th Tuesday of the Month at 5:30 – 7:30PM

Language instruction with canoe song & dance practice followed by dinner.

Open to all community & tribal employees

Where: Canoe Family building behind the tribal police department (38907 172nd Ave. SE Auburn, WA)

Language Program
Mary Ross 253.876.3306

Culture Program
James Smiskin 253.876.3013

2016 Per Capita Deadlines and Schedule

April 30, 2016	- Deadline for New Direct Deposits to be turned in to Tax Fund
May 6, 2016	- Deadline to stop taking Direct Deposit Changes/Cancellations
May 31, 2016	- Enrollment Cut Off Date for September 2016 Per Capita
June 7, 2016	- Per Capita Distribution Cougar Room
June 8, 2016	- Per Capita Distribution Cougar Room
June 9, 2016	- Per Capita Distribution Finance Building

Some other important things to note:

- If you have direct deposit and your account is closed,** you need to let me know. If we submit your payment to your account and it is rejected, we have to wait until the funds are returned to us before we can reissue you a check. This process can sometimes take up to 5 days. In order to get your money in a timely manner, come to Finance and fill out a Direct Deposit Cancellation form.
- If you turn 13 or 18 during the current quarter, your direct deposit will be cancelled.** You will need to fill out a new form for your corresponding age group.
- If you are unable to pick up your Per Capita check** and would like someone else to do it for you, you MUST put the request in writing and it has to be notarized. We have forms available in Finance.
- Please keep your address updated with Finance.** When checks are not picked up during normal distribution, they get mailed the next day to the last address we had on file for you. Payment can be delayed if it goes to the wrong address.
- If you or a family member is incarcerated during a Per Capita distribution,** please let us know. We will hold your check until we receive something directly from you at the jail to Finance, letting us know what you would like done with your check.

If you have any questions about your Per Capita, please feel free to contact me at 253-876-3189 or via email heather.evans@muckleshoot.nsn.us.

Sincerely,
Heather Evans
Finance Operations Analyst

TRIBAL COUNCIL ELECTEES

continued from page 1

15 years, 11 of them as Tribal Chair.

Upon completion of the Oaths, each member addressed the room with a speech explaining their gratitude to the community and their hopes for the future of the Tribe.

With the formalities of the meeting out of the way, it was time for friends and family to congratulate their newly sworn-in loved ones and take some family photos to commemorate the joyous occasion.

Some very special guests dropped by to witness the ceremony including King County Council member Larry Gossett and State Representative Sharon Tomiko Santos.

The final order of business was a large group photo of everyone who attended the ceremony. A full size copy of the photo can be found on the top of p21.

Maintenance and Training Facility Open House

The Muckleshoot Housing Authority held an open house on March 15th, to celebrate the opening of their new Maintenance and Training facility.

The facility was blessed early in the afternoon and attendees were welcomed in to the building as soon as the official ribbon cutting ceremony concluded. A delicious lunch was provided, including fry bread and local home-made pies, so participants could fill up before taking their grand tour.

Door prizes were offered for anyone who was interested and raffles occurred every hour.

The event was a great opportunity to see the services offered at the new Maintenance and Training facility.



Muckleshoot Early Learning Academy in cooperation with Muckleshoot Child and Family Services presents

FATHERHOOD AND MOTHERHOOD IS SACRED PARENTING CLASS

STARTS ON Tuesday, APRIL 19, 2016
5:30 pm at the Muckleshoot Early Learning Academy Building
Dinner and Child Care will be provided

Some of the topics we will be discussing are from Native cultural perspectives and they include:

- *understanding the sacredness of parenting.
- *character and integrity.
- *self identity
- *relationships
- *nurturing children.
- *promoting unity.

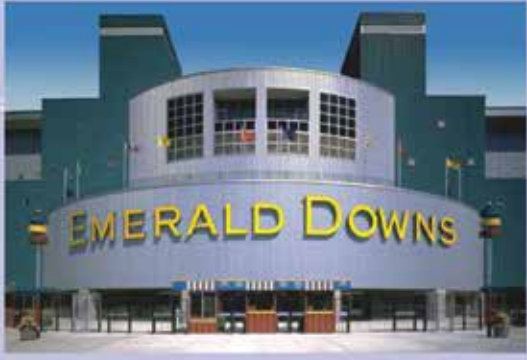

Tui Shelton
tui.shelton@gmail.com
253-478-0551

Etene "T" Taimalelagi
etene.taimalelagi@muckleshoot.nsn.us
253-876-3392

Canoe Awakening Ceremony

March 20, 2016 - Don Armeni Boat Ramp



LUNCHEON TIME

PLEASE JOIN YOUR FRIENDS AT MUCKLESHOOT FOR AN ELDERS LUNCHEON AT EMERALD DOWNS FOR LUNCH, ENTERTAINMENT, AND DOOR PRIZES! HOPE TO SEE YOU ALL THERE!

WEDNESDAY, APRIL 27TH, 2016
DOORS OPEN AT 10:00 AM
LUNCH SERVED AT 12:00 PM

EMERALD DOWNS
2300 EMERALD DOWNS DR.
AUBURN, WA 98001

FOR FURTHER INFORMATION PLEASE CALL
NOREEN MILNE 253-876-3023
OR
FRONT DESK 253-876-2888

Muckleshoot Elders Complex
17800 SE 392ND ST
Auburn, WA 98092
Phone: 253-876-2888
Fax: 253-876-3061



Attendees at the recent Seed Swap held at Chief Leschi in Puyallup from left to right: Kristen McIver, Tacoma Community Gardens Coordinator; Micaela Cooley, Program Coordinator at Harvest Pierce County; Uri Israel, Angel Senior services; Dustin Jansen, AWTP. The group enjoyed sharing stories and seeds at a recent Seed Swap.

SENIOR STAFF ATTEND SEED SWAP

By Uri Israel

Uri Israel, with the MIT Senior Services Staff, and Dustin Jansen with the MIT Adult Work and Training Program, recently attended the Harvest Pierce County Seed Swap.

Harvest Pierce County is an educational organization that provides various workshops and meetings for local gardeners. If you are interested in what they offer here is their link on Facebook: <https://www.facebook.com/communityofabundance/> At the Seed Swap, Uri thanked the organization for their work and announced that this year Muckleshoot Elders were donating seeds to the Seed Swap for the first time. She and Dustin had worked to package the many seeds saved from various gardens planted in 2015 at Muckleshoot. Seeds brought that day were from: Delbert Star's giant sunflowers, Crow Cross calendula flowers, Marie F Johnson's marigolds, Tommy McJoe's Sweet Peas and Mona Cree's volunteer sunflower.

All these flower seeds plus more will be available at an upcoming Seed Give A-Way during a lunch time in mid-April at the MIT Elder's Complex, and are already available for the elder's whose gardens at which they were gathered.

Gift Basket Donation

2016 Muckleshoot Elders Luncheon

Attention MIT Depts. & Staff

The Muckleshoot Elders Complex is holding gift basket donation contest. How it works is your department donates a gift basket to the 2016 Elders Luncheon for the Silent Auction Fundraiser.

The Elders Complex will track the baskets that are donated. The basket that brings in the highest bid will win an Indian Taco lunch for their department. The Elders Complex is known throughout the Tribe for their Indian Tacos so it is the best way we can think of to thank you for your efforts!!!

For further information contact:
Front Desk 253-876-2888
Noreen Milne 253-876-3023
Wendy Burdette 253-876-3259



Best Basket=Indian Tacos for your department



Muckleshoot Elders Complex
17800 SE 392nd ST
Auburn, WA 98092
253-876-2888

Deadline to enter a gift basket is Monday April 25th, 2016 at 12:00PM

DONATE RAFFLE ITEMS

THE ELDERS ARE ASKING FOR RAFFLE ITEMS AND DOOR PRIZES FOR THE ELDERS LUNCHEON APRIL 27TH, 2016

Items such as...

- Jewelry
- Beaded items
- Homemade items
- Household items (gently used or new)

MUCKLESHOOT ELDERS COMPLEX

CONTACT: NOREEN MILNE 253-876-3023

Have You Seen the Rez Chicken?

By Uri Israel

Readers know about Rez Dogs, but did you know there was a "Rez chicken?" The chicken pictured has been frequenting the area around MIT Housing and has amazingly escaped predators like eagles, dogs, and coyotes.

In fact when housing staff was questioned about her they said that residents in the area had tried to catch her all to no avail. So we all bless Rez chicken to a long and enjoyable life at Muckleshoot. Wonder if there are any eggs hidden somewhere?



Happy Birthday

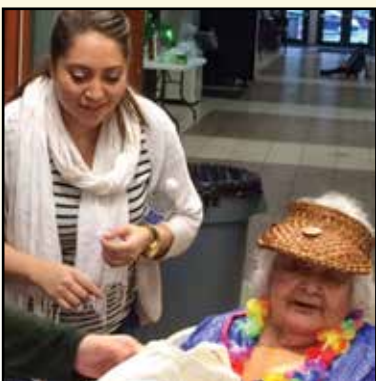
Valerie Bellack	4/17/16	Brett Lobehan	4/19/16
Donald Brassard	4/4/16	Elizabeth Louie	4/2/16
Mona Ficcaro	4/7/16	Della Morrison	4/21/16
Audrey Fryberg	4/22/16	Brian Moses	4/8/16
Linda Gonzales	4/17/16	Dennis Nichols Sr.	4/2/16
Rita James	4/29/16	Napoleon Ross	4/16/16
Barry Johnson	4/20/16	Michael Starr Sr.	4/1/16
Patricia Jones	4/28/16	Patricia Sythe	4/16/15
Duane Lezard	4/3/16	Alfred WhiteEagle Sr.	4/3/16
Archie Lobehan	4/8/16	Marjorie Williams	4/7/16



Pete Jerry and his buddy John Loftus

PHOTO BY EVAN AVILA

**Sophia Courville Spencer,
Muckleshoots Eldest Elder, Turns 89**
March 13, 2016, Muckleshoot Pentecostal Church



A SPECIAL THANK YOU!

Muckleshoot Emergency Management and the City of Pacific, Washington would like to acknowledge the following people for responding to a request for assistance of sandbagging a section of a utility road along the White River at the request by the City of Pacific. The sandbagging efforts were put in place to mitigate a potential wash out of the road used to service the river. Muckleshoot Indian Tribe has made a new Emergency Management Partner by accepting this request, and that is what Emergency Management is all about...building partnerships for times of emergencies!

Once again, your assistance was greatly appreciated!

- Gy Kindness
- Rev Barr
- Sherman Dominique
- Richard Penn Sr.
- Daryl Jametski



Did You Know That M.E.L.A Is Serious About Teaching?

Every minute of the day that you entrust your children in our care, we value and search for opportunities to help their little minds grow. Our staff seeks out the most unique opportunities to help each child learn in their own individual way.

Play time is not just "play time". Our centers are stacked with intentional teaching materials that target many learning areas. For example, you may visit and see children playing in a "kitchen" center, what you may not notice is that the children are applying math, literacy and gaining social skills. In addition the "kitchen area" may also turn into a post office during the month of February (Valentines!), a pumpkin patch during fall and a bakery during Christmas. The Orca Whale class is jumping into spring with a flower shop now!

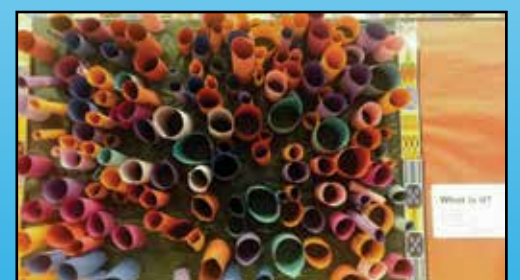
In fact we are so serious about teaching; you will find specific goals for each child readily available in each classroom so that the teachers are always aware of what a child needs to learn and their successes! The following are some things we are working on now;

- Appropriate pencil grip
- Name recognition
- How to safely follow a full day routine
- Transitions
- Setting goals and tracking progress
- Meeting with families and making goals (minimum of four times a year)

Early educating is serious business! We like to pride ourselves on our commitment to school readiness, health, nutritional services and family services. Thank you so much for letting us be a part of your child's growth and development.



This is the Eagles classroom. Their theme for the week was community helpers.



CORRECTION: In last month's Preservation article Donna Hogerhuis was listed as being Oneida. She is actually a member of the Stockbridge-Munsee Tribe (Mohican and Delaware) of Wisconsin.

Pentecostal

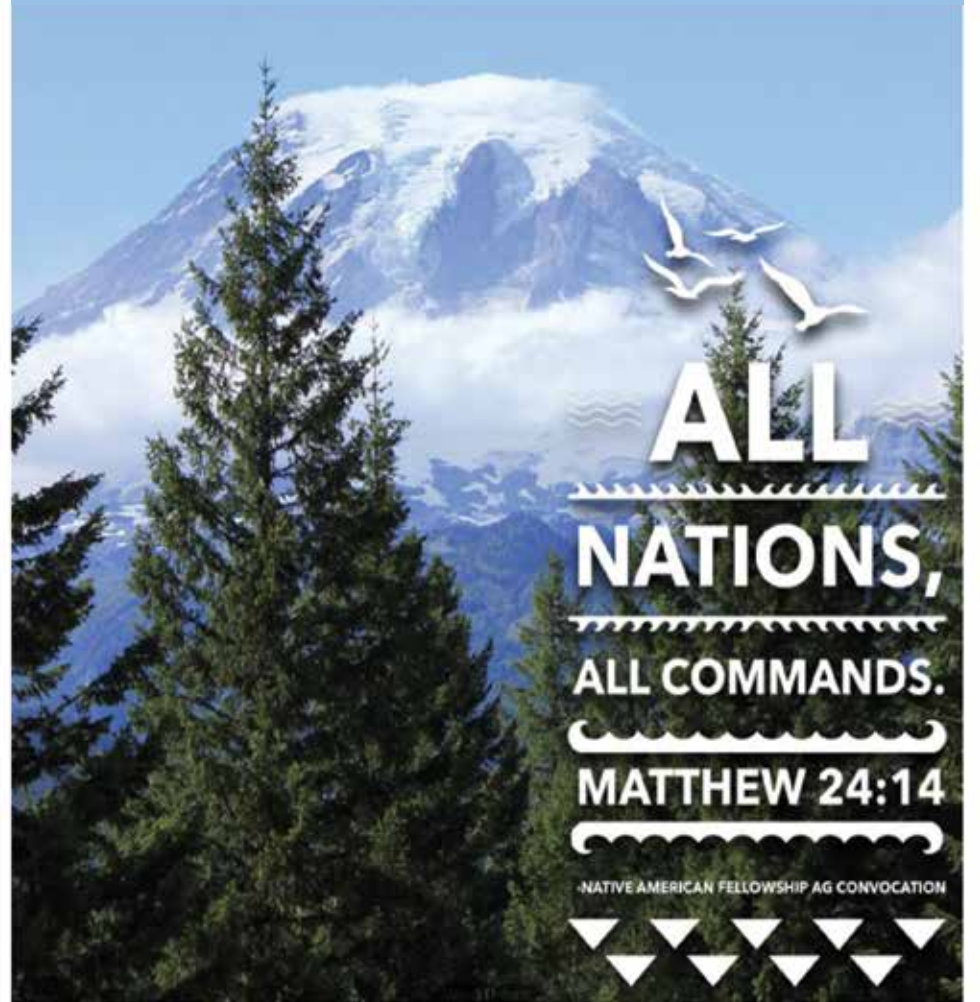


Alex Garcia celebrated his 84th birthday with four days of church services. Family and friends came from Arizona, Southern California, Yakama, Upper Skagit, Puyallup, Muckleshoot, and surrounding communities. Ruth Garcia Joyce, Johnny Curtis, Barbara and Bob Kenton provided music each night. Special sermons were given by Lorna Baldonado, Johnny Curtis and Alex Garcia. The best part of Saturday was having two birthday parties at the same time. Some young people went to the wrong party because they liked the menu better. This created lots of laughter among the party goers.



The Wednesday Night Bible class has been memorizing the books of the New Testament. On March 16th Charlotte and Joanne played table games with two teams of students utilizing the 27 books. There was lots of laughter and excitement as the teams tried to outwit each other.

*Big event coming to the
Pentecostal Church.
All natives are invited.
Please register for the event.*



JUNE 1-3, 2016

The Pentecostal Church of Muckleshoot
39731 Auburn Enumclaw Rd SE
Auburn, WA 98092

Please email or call to register:
Pastor Cheri Sampson
csampson@agnaf.org (480)703-5970

Registration cost:
Prior to May 1, 2016
Single \$40.00 Couple \$60.00
After May 1, 2016
Single \$50.00 Couple \$70.00
(We can process Visa, MasterCard
& American Express via Paypal)



THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

SERVICES AT 3:00 P.M.
EVERY SUNDAY
IN THE COUGAR ROOM
ALL INVITED

RELIGIOUS CONTACTS

Please feel free to suggest additions
Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister
Sandy Heddrick, Assistant Minister
Carl "Bud" Moses, 1st Elder
Lee Stafford, 2nd Elder
Gerald Moses Sr., 3rd Elder
Teri Starr, Secretary/Treasurer
Ben Sweet, Traveling Missionary

Muckleshoot Pentecostal Church
Rev. Kenny Williams, Pastor

Sweat Lodge

Doug Moses, 425-301-60811

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	11:00 AM	Church Service
Tuesday	12:00	Noon Prayer Meeting
Wednesday	6:30 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

Please come join us for
MASS & Catechism
At the Muckleshoot Catholic church



Catechism starts at 3:00pm
Mass starts at 5:00pm

As always, enjoy a nice dinner with us
and Father Pat Twohy after Mass
For more info. Please contact me at
Tara.Vasquez@muckleshoot.nsn.us
Or by phone at (253)347-6937

St. Leo The Great

Catholic Mass

Tacoma Kateri Circle of St. Leo Church
710 South 13th Street – Tacoma 98405
Catholic (Native) Mass with
Father Patrick J. Twohy
1:30 pm every Sunday
Circle meetings 2nd and 4th Sunday
Potluck every 3rd Sunday
www.katericircle.com
Facebook: Tacoma Kateri Circle

Muckleshoot Pentecostal Church

39731 Auburn Enumclaw Road SE Auburn, WA 98092

POTLUCK

Date: 04/23/2016

Time: 1 pm

*Please bring **two** photographs for gift exchange*

picture of you

picture of a beloved family member that is no longer with us


Please join us. We will welcome home family members we haven't seen for far too long, share stories of loved ones who have gone before us, exchange pictures, and share a good meal.

For more information, contact:

LeOta LaDue Berry
PSB 253 939-3311

2016
Family Gathering

George
LOUKE



Arvizu Baker Berry Blodgett Bronson-Johnson Burdette Burnes Bush Castaneda Castaneda-Matz Chambers Charles Ciunci Collick Corbray Courville Domingue Elkins Elkins-Daniels Elkins-Desantiago Elkins-Jerry Elkins-Molina Elkins-Penn Evangelista Ficra Foulkes Gonselth Gonzalez Gopher Gordon Grant Greer Herdia Hoptowit Howell Hunter James Jansen Johnson Johnson-Bethely Johnson-Coleman Jones Jones-Bullock Judson-Elkins Kahama Kicking Woman LaDue Laura-Rincon Leith Leonard Lester Loggins Lomakema Lozier Lozier-Barrett Luke Manduzza Matta Matz Maurice McCullough West McDaniel Mike Miller Moore Moses Penn Peterson Pinkerton Purcell Rincon Rivera Rodarte Rojas Romo Ross Sampson Segrest Sharp Simpson Slaughterback Starr Starr-Baker Starr-Iosefo Starr-Williams Summerell Swaggard Swift Tipton Torres Tucker Ungaro Veliz

Muckleshoot Child Care Development Fund (CCDF)

PUBLIC HEARING

Two opportunities to attend:

When:
Wednesday, April 13, 2016

Time:
Lunch 11:30am-1:00pm

Place:
**Phillip Starr– Cougar Room
39015 172nd Ave SE**

When:
Wednesday, April 20, 2016

Time:
Appetizers 5:00-6:00pm


Place:
**Muckleshoot Child Development Center
2326 Riverwalk Drive SE
Auburn, WA 98002**

Child Find Screening

What is a Child Find Screening?

Screening is a free check of your child's development—including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
- Personal-social skills, self help skills
- academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

<p>Muckleshoot Tribal School Helen Feiger Student Support Services Coordinator 15209 SE 376th St Auburn WA 98092 253-931-6709 Ext 3700</p>	<p>Marty Laronal Support Services Manager Muckleshoot Early Childhood Education Center 15599 SE 376th St Auburn, WA 98092 253-876-3056 Ext 3922</p>
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Who Should Attend:
Muckleshoot Community and Tribal Members

Agenda:

- Provide input; suggestions, concerns or questions regarding the CCDF Plan
- Complete a satisfaction survey

For More Information or to obtain information regarding the CCDF Plan contact the CCDF Office:
(253) 876-3056 Ext. 3915/ 3016

Native American Political Leadership Program

Full scholarship opportunity for Native American students

The Native American Political Leadership Program (NAPLP) is a full scholarship program designed to give Native American, Alaska Native, and Native Hawaiian undergraduate and graduate students an educational opportunity at George Washington University in Washington, D.C. The program, which receives contributions from AT&T and the AT&T Foundation, awards scholarships based on academic ability, leadership potential and an interest in politics. Native American undergraduate students are eligible and encouraged to apply and can receive assistance in the application process.

What does the NAPLP scholarship cover?


- Tuition and fees for the two core classes, plus an optional third course (up to 9 credit hours total)
- Housing in a George Washington dormitory
- A small stipend for books and living expenses, paid in two installments
- Airfare to and from Washington, D.C. (one round-trip ticket)

AT&T Foundation and the NAPLP

Since 2005, AT&T and the AT&T Foundation have contributed more than \$2.1 million to George Washington University's Native American Political Leadership Program.

Application deadlines


Applications are accepted on a rolling basis. Students should apply to the program as early as possible to ensure maximum opportunities for internships in the Washington D.C. area. Some of the organizations that participate in the internship program include, but are not limited to, the National Congress of American Indians, the National Indian Education Association, the Bureau of Indian Affairs, the National Indian Health Board and the White House Initiative on American Indian & Alaska Native Educators.



Spring 2017 Semester:
Program Dates: January 17 – May 5, 2017
Priority Deadline: October 1, 2016
Final Deadline: November 1, 2016

Program information and application
<http://semesterinwashington.gwu.edu/naplp>
Bob Bass
rb3794@att.com
425-580-5836

AT&T Inc. is committed to advancing education, strengthening communities and improving lives. Through its community initiatives, AT&T has a long history of investing in projects that create learning opportunities, promote academic and economic achievement, or address community needs. AT&T Aspire is AT&T's signature philanthropic initiative that drives innovation in education by bringing diverse resources to bear on the issue including funding, technology, employee volunteerism, and mentoring. Through Aspire, we've passed the \$250 million mark on our plan to invest \$350 million in education from 2008-2017.



ANNUAL TULALIP VETERANS POW WOW

JUNE 3-5, 2016

Free admission – All drums welcome

Donald Hatch Gym/Greg Williams Court
6700 Totem Beach Avenue Tulalip, WA 98271

Art, craft, and food vendor space available

Master of Ceremonies: Boye Ladd
Arena Director: Randy Vendiola

Grand Entry June 3rd 7:00 pm
Grand Entry June 4th 1:00 pm & 7:00 pm
Grand Entry June 5th 1:00 pm

Payout for adult categories

- 1st place \$800
- 2nd place \$500
- 3rd place \$300

No drum hopping
1st 10 drums registered



For more information contact Andy James (360) 722-6570
Vendors please contact: John Romero Jr. (206) 498-7640

No drugs or alcohol permitted Not responsible for theft or injuries






25th Annual Muckleshoot Easter Sla Hal Winners

1st Place \$30,000 – Richard Duncan & Team (Canoe Creek, DC)

2nd Place \$15,000 – Doug Bob & Team (Lummi Nation)

3rd Place \$10,000 – Si Peose & Team (Kalilpel Tribe/WA)

To GIVE help or GET help:
 Call 911 if you or someone you know is in immediate danger.
 Call the Suicide Prevention Lifeline: 1-800-273-TALK (8255).
 Chat online at www.SuicidePreventionLifeline.org.
 Text START to 741741 to chat via text.
 Visit www.wernative.org.
 Talk to trusted elders, healers, friends, family, clergy or health professionals.

Talk to a Counselor @ Behavioral Health 253-804-8752
Family & Youth Services 253-333-3605
After Hours
Crisis Line 1-866-427-4747
Crisis Line 206-461-3222
Suicide Line 1-800-784-2433
Teen Link 1-866-833-6546 (Evenings 6-10pm)

Northwest Portland Area Indian Health Board
www.npaihb.org

THRIVE

WE ARE CONNECTED. we need you here.

My life matters. I am here for a reason. My story has just begun.

Get to Know Our HWC People.....

Mariya Babyna, Pediatrician

Hello! My name is Mariya Babyna and I am your Pediatrician at the HWC Medical Clinic. I graduated from Bukovina State Medical University in the Ukraine and completed my Pediatric Residency Training at Loma Linda Medical University (California).



During the past two years, while working at the Muckleshoot Medical Clinic, I have been impressed by the enthusiasm of the Muckleshoot people to support the Seattle Seahawks. This energy has impressed upon me to become a Seahawks fan as well. I have been learning so much about this wonderful team and I admire the support that they provide to the community, especially, Russell Wilson.

I am a proud mom of two children; a daughter 2 years old and a son 9 years old. We have a beautiful black pet cat.

My passion and strongest desire is to help the youngest people of our community be healthy, educate families about health and ease difficulties for children and their parents. My biggest goal is to prevent childhood disease and to preserve the family as a whole. Serving the Muckleshoot community and receiving the trust of children, parents and grandparents has been a highly rewarding experience. I look forward to developing even closer relationships with my patients and their families.

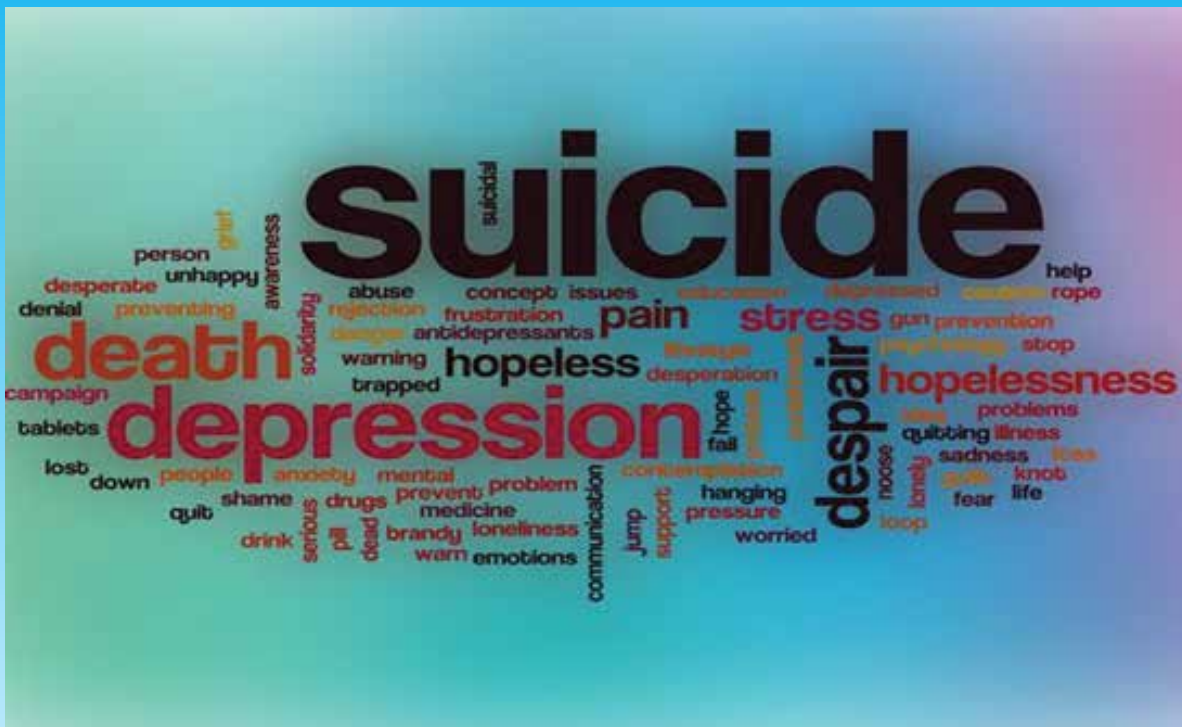
Al-Anon Meeting

Adult Recovery House Multi-Purpose Room
 39225 180th Ave SE Auburn WA 98092
Every Thursday from 12:00 to 1:00
Starting February 18th 2016

Are you affected by someone who is drinking or drugging?
 Are they always borrowing money; never paying it back?
 Making excuses, lying or manipulating you?
 Do you want to break the cycle?
 Join us for an opportunity to hear and share Experience, Strength and Hope.



*If you have any questions please call
 CeCe Freeman at Muckleshoot
 Behavioral Health 253.804.8752*



Warning Signs of Suicide:

- Depression
- Talking or writing about death or suicide
- Feeling hopeless
- Feeling helpless
- Withdrawing from family & friends
- Strong anger or rage
- Abusing drugs/alcohol
- Acting impulsively
- Feeling trapped - like there is no way out of a situation
- Dramatic mood changes
- Acting recklessly
- Losing interest in most activities
- Giving away prized possessions
- Feeling excessive guilt or shame

Sometimes there are no warning signs at all but more than 75% of the time, there is one or more!

What to Do to Help Someone You're Worried About:

Always take suicidal comments (verbal or written) very seriously!

Do not assume the comments are for attention or assume they're a joke

If someone is showing warning signs, ask them if they're thinking about suicide!

You aren't going to put the idea in their head by asking but you are going to move closer to getting them help

Remain calm! It's hard to hear someone you love talking about ending their life

but you will be a bigger help to them by being calm so they can open up instead of clam up

Don't keep the information a secret! Being trustworthy is important but breaking trust to save someone's life and get them help is much more valuable and always forgivable

Get them help right away! Waiting can be a matter of life or death. Get help right away

Help for yourself or someone else:

If you or someone you know is in Immediate Threat of Suicide:

Call: 9-1-1

Talk to or tell a counselor:

Behavioral Health Program: (253) 804-8752

Family and Youth Program: (253) 333-3605

After Hours:

Crisis Line: 1-866-427-4747

Suicide Line: 1-800-784-2433

Teen Link: 1-866- 833-6546 (Evenings 6pm-10pm)

Your Life Matters. Get Help for Yourself Or For Someone You Love

Muckleshoot Needle Exchange Program



Muckleshoot Behavioral Health



Services Offered:

- Exchange used syringes for clean syringes
- Receive safe injection supplies
- Receive overdose prevention education and Narcan
- Receive tips on how to inject drugs safely

This is a non-judgmental service for Injection Drug Users. The purpose of the Needle Exchange is to get used drug injection equipment off of the streets and to keep our community safe!

Mobile unit every Friday from 2 to 4pm
 Starting February 26th, 2016
 Location: Outside of Cedar Village in the old smoke shop parking lot in the HWC Outreach Van
 Any Questions? Contact Carol VanConett at Muckleshoot Behavioral Health: 253-804-8752

Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your bill.

Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills if you got a PO number.

The CHS office can't pay a bill if we don't have it.

Thank you
 CHS Team
 (253) 939-6648



Nikki's Diabetes Corner

By Nikki Grimwood RN, Diabetes Nurse at HWC

Diabetes is the most common disease in school-aged children; it used to be seen primarily in adults over age of 45, but now is becoming more common in young people. As obesity rates in children aged 2 years and older continue to increase, the risk for developing type 2 diabetes is occurring more in children age 8 and older. Most children and teens diagnosed with type 2 diabetes have a strong family history of type 2 diabetes and have unhealthy food choices. The principal threat to health causing obesity and diabetes is sugar consumption in all forms. This causes it to become more common in our American Indian communities.



- Age to begin testing is 9 years old or at onset of puberty if puberty occurs earlier
- Frequency of testing-every year
- Tests best to use-fasting blood test check glucose level, A1C testing, or 2 hour oral glucose tolerance test.

Symptoms: Some children or teens with type 2 diabetes may show no symptoms at all. In others, one or more of the following symptoms may occur:

- Feel very tired
- Thirst
- Nauseated
- Urinating often or burning with urination due to yeast infection
- Weight loss
- Blurred vision
- Frequent infections
- Slow healing of wounds

Signs: Physical sign of insulin resistance include a darkened, thick area of skin (acanthosisnigrigan) around the neck or in the armpits. Girls can have infrequent or absent periods with excess hair and acne. If any of these signs or symptoms is noticed, please contact your child's doctor.

Prevention:

- Make meals and snacks that are healthy and taste good. Eliminate sugar, sugary drinks and pop. Choose fresh fruit over juice and fresh food over processed food. Avoid chips, crackers and cookies which turn into sugar in your body and cause weight gain. Take your child grocery shopping for healthy foods.
- Help your children be more active each day. Ask them; what is fun for them? Riding a bike, dance, swim, or skateboard. Encourage activity 20 minutes at a time; 3 times a day is a good start.
- Being active can help your children: build muscle and burn off extra fat, grow strong bones and stay flexible, feel good and sleep better. Be a healthy weight.
- Support their efforts toward any changes to live healthier
- Be a good role model by eating healthy foods and being active with your children.

Children with diabetes and their families face unique challenges when dealing with the disease. Things to remember:

- There are ways you can help your kids stay healthy and lower their chances of getting type 2 diabetes.
- Find out how your kids like to be active
- Talk to your kids about how your family can eat healthy foods
- Consult with your physician or medical provider – they are there to help.

Questions or concerns about what is a healthy food, what is not, portion size and how to start eating healthy? Call HWC at 253 939 6648 and ask for me (Nikki Grimwood) or KaleighKrantz our Registered Dietitian.

CONFIDENTIAL

Is this normal? Its too embarrassing to ask... Why is this happening? Is what I heard really true?

- Do you have a burning question that you would like answered?
- Text in your question to **253-237-7052** and check our HWC Facebook page facebook.com/muckleshoot.hwc on Thursdays to see if your question was answered.
- If you are having a medical emergency call **911**.
- If you are having a crisis between 8 am - 6 pm call HWC Family & Youth Services at **253-333-3605**.
- If you are having a crisis after hours call the 24-hour crisis line at **1-866-427-4747**.

HOUSING/SHELTER RESOURCES

Catholic Community Services – Home & Arise
Men's Shelters
Phone contact: (253) 854-0077 Ext: 2
Locations: St. Anthony's Church, 314 S 4th St., Renton, WA, 98057 OR Kent Family Center, 1229 W Smith St, Kent, WA, 98032
Coordinates two case-managed shelter programs for men, ages 18 and older. Shelters hosted by congregations in Kent and Renton; average stays of 6-12 months. No fees. Please call ahead.
Renton In-take (walk-in only): Tu & Th, 1-3pm.
Kent In-take (walk-in only): M & W, 1-3pm & 5-7pm; Tues & Th, 3-5pm.

Union Gospel Mission – Hope Place
Shelter for Single Women, Women with children
Phone contact: (206) 628-2008
Location: 3802 S Othello St, Seattle 98118
Provides shelter for women, with or without children. Includes mandatory spiritual activities. No fees. CALL for screening. M-F 8:30-9am.

Catholic Community Services
Single Men & Women's Shelter
Phone contact: (253) 572-0131
Location: 1142 Court E Tacoma Ave S, Tacoma, WA, 98402
Provides a safe place where men and women experiencing homelessness can get a good night's sleep, respect, and begin a process of generating income and becoming housed. Open 5pm-7am.

Multi-Service Center
Family Shelter (Mothers, Dads, & Kids)
Phone contact: (253) 854-3437 Ext: 104
Location: 515 W Harrison St, Kent, WA, 98032
Emergency shelter for homeless families with children, ages 17 and younger; priority for families of 4+ All families may apply. LEAVE A MSG. AT LEAST TWICE PER WEEK until call is returned.

Auburn Youth Resources
Youth Shelter
Phone contact: (253) 833-5666
Location: 816 F Street Southeast, Auburn, WA 98002
Provides shelter for homeless youth, ages 10 through 17, in south King County. Written parental consent required for 72-plus hour stay. Sliding scale fees, may be free. Call for screening: 24 hours daily.

YWCA – South King County
Family Shelter (Mothers, Dads, & Kids)
Phone contact: (425) 255-1201
Location: Families housed in independent apartment units in Kent, Renton and Auburn areas.
Call for availability. Leave a message DAILY, until call is returned.24-hour voicemail

SICK AND DON'T WANT TO WAIT LONG HOURS IN A HOSPITAL E.R.?

There are local Urgent Care Medical Centers that can help you.

Sore Throat, Ear Ache, Ankle Injury, Upper Respiratory Infections:
These are just a few of the conditions they can help you with.
They can also do lab work and x-rays, if needed.

If you decide to go after 5:00pm or on the weekend,
CHS does consider this as an emergency room visit.

You must call CHS office for PO numbers within 72 hours/3 days of being seen.

CHS OFFICE – 253-939-6648

If you are too sick to call, a family member or friend can call for you.

*****SOME URGENT CARE CENTERS YOU CAN CALL TO CHECK THE WAIT TIME*****

MULTICARE URGENT CARE – AUBURN
202 Cross Street SE | Phone: 253-876-8111
Hours: Monday – Friday, 8:00am – 7:30pm
Saturday & Sunday, 8:00am – 3:30pm

MULTICARE URGENT CARE – KENT
222 State Ave N | Phone: 253-372-7788
Hours: Monday – Friday, 9:00am – 8:30pm
Saturday & Sunday, 9:00am – 4:30pm

MULTICARE URGENT CARE – COVINGTON
17700 SE 272nd St @ Wax Road | Phone: 253-372-7020
Hours: Monday – Friday, 8:00am – 7:30pm
Saturday & Sunday, 8:00am – 5:30pm

VALLEY MEDICAL CENTER – COVINGTON
27500 168th Place SE | Phone: 253-395-2006
Hours: Monday – Friday, 8:00am – 8:00pm
Saturday & Sunday, 8:00am – 4:00pm

09/01/15 MI URGENT CARE NOTICE

American Indian & Alaska Native Trust Income and MAGI:

How it is used to figure if you Qualify for WA Apple Health (aka: Medicaid) and other Low Cost Health Insurance

Q: What is MAGI: (Modified Adjusted Gross Income)?
A: MAGI is your adjusted gross income as determined for Federal Income Tax purposes with certain income subtracted out.

Q: What is the purpose of MAGI?
A: MAGI is used to determine eligibility for Medicaid and other Health Insurance Plans offered through the Health Plan Finder/Marketplace.

Q: Are there special rules for calculating MAGI for American Indians and Alaska Natives (AI/ANs)?
A: Yes. MAGI is based on taxable, adjusted gross income that is reported to the Internal Revenue Service (IRS). Because some income received by AI/AN is non-taxable it is excluded in figuring the MAGI.

Q: What types of AI/AN income are usually exempt from MAGI?

- Distributions from Alaska Native Claims Settlement Act (ANCSA);
- Distributions from trust/reservation property;
- Income from related to hunting, fishing, and natural resources;
- Student financial aid from the BIA and/or Tribes;;
- Government income based on need such as SSI (Supplemental Security Income);

Q: Is my Tribal (gaming) Per Capita or Senior Income excluded from MAGI?

- No, Gaming Per Capita & Senior Income payments are are taxable and must be included in your MAGI.

For more information stop by the Managed Care Department At the Muckleshoot Health & Wellness Center
17500 SE 392nd Street
Auburn, WA 98092

MIT HWC Stop & Shop New Service !!!

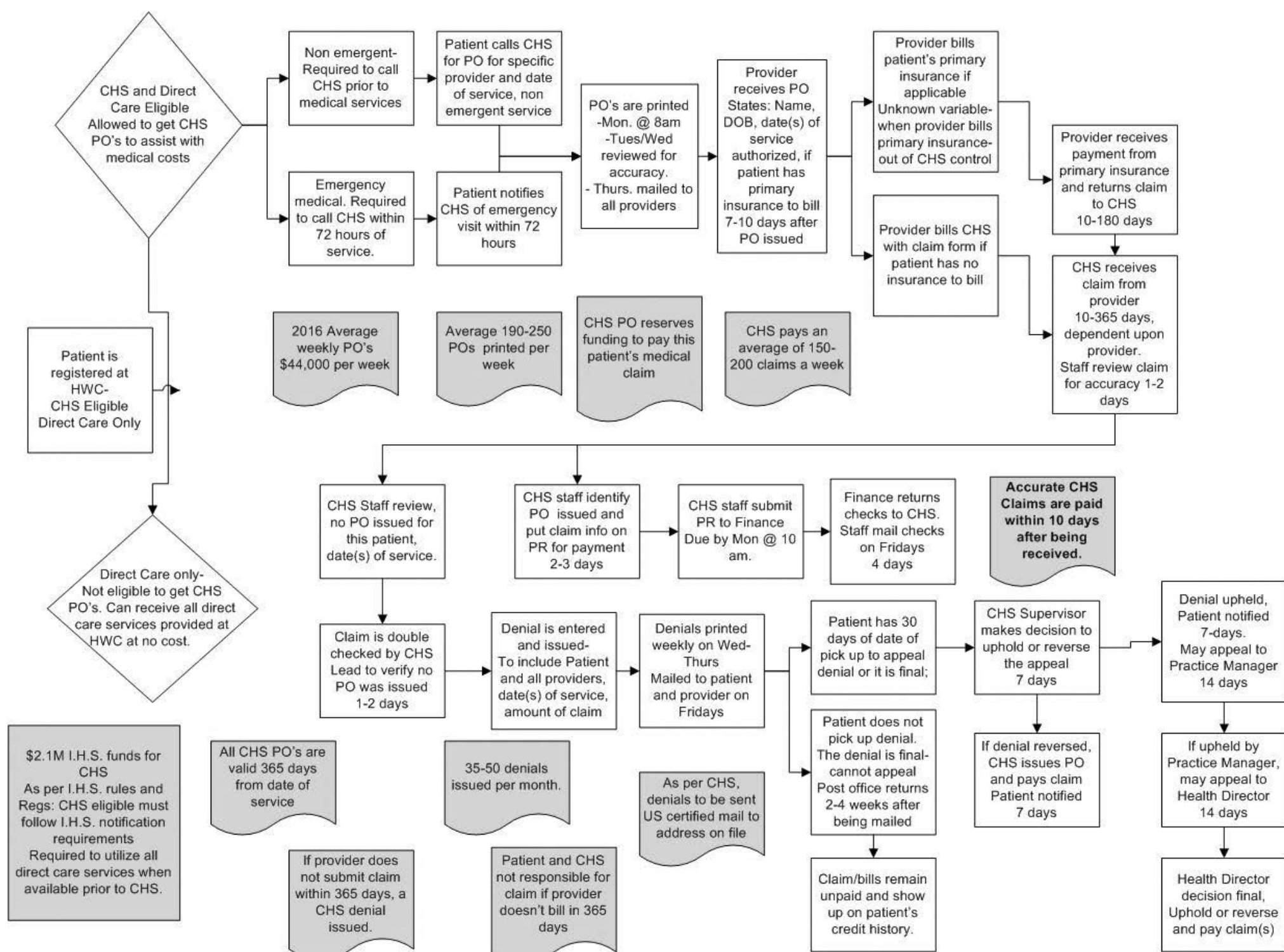
New Stop & Shop service :

To & from Enumclaw Safeway & Auburn Walmart
Every Tues & Thurs round trips to each of these stores
Starts at noon until 9:00 p.m.
The last pick up run is at approx. 5:10 pm.
Pick up is at the usual bus stops.

NOTICE:

The Feathered Healing Circle will begin meeting on Thursdays at 5:00 PM – Cynthia Lozier

How a CHS PO is Processed



Is your Narcan Kit Expired?

Please Check the Expiration Date on your Narcan Kits!!!!

If expired please come get a new one at:
MIT Behavioral Health 253-804-8752
MIT Pharmacy 253-333-3618

If you have questions or you are concerned please feel free to call
Megan Gifford at 253-804-8752

Expiration Date is Located on the Vial

Domestic Violence Services & Resources

Muckleshoot Behavioral Health Program
17813 S.E. 392nd St. Auburn, WA 98092
(253) 804-8752

OTHER RESOURCES

- National Domestic Violence Hotline: 1-800-799-7233 (24 Hr)
- Washington Domestic Violence Hotline: 1-800-562-6025
- DAWN Crisis/Advocacy: 425-656-7867 (24 Hr)
- King County Sexual Assault Center: 1-888-998-6423 (24 Hr)
- Crisis Clinic: 1-866-427-4747 (24 Hr)
- Seattle Indian Health Board: 206-324-9360

SERVICES WE PROVIDE

- Safety Planning
- Individual & Family Therapy
- Weekly Support Group
- Emergency Housing
- Assistance Obtaining Protection Orders
- Court Advocacy & Transportation
- Legal Referrals
- Individualized Resources
- Emergency Supplies
- Help Navigating Legal & Social Systems

These services are available to all victims of domestic violence or sexual assault, men and women, any age

Contact Behavioral Health if you or a loved one are affected by domestic violence, and we will assist you in getting help and support. Please don't wait, get help today!

Health & Wellness Center Program Hours

	Pharmacy	Wellness Center	*Shuttle Service
Monday	8-5 pm	8-6 pm	10 am-8 pm
Tuesday	8-5 pm	8-6 pm	10 am-8 pm
Wednesday	9-5 pm	9-6 pm	10 am-8 pm
Thursday	8-5 pm	8-6 pm	10 am-8 pm
Friday	8-5 pm	8-6 pm	10 am-8 pm
Saturday			10 am-2 pm
Sunday	All Programs Closed		

*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 735-2020	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures April & May 2016

Day	Date	Times Closed	Reason for Closure
Thurs	May 5th	8-9 am	Monthly All Staff Meeting
Mon	May 30th	All Day	Memorial Day


Muckleshoot Money Skills for Life

The Muckleshoot Housing Authority is offering "Muckleshoot Money Skills for Life" class April 21st and 22nd at the new Muckleshoot Housing Authority Training Facility. Please call Cheryl O'Brien (253-876-3154) or Michelle Leverenz (253-876-3386) or email Cheryl.O'Brien@Muckleshoot.nsn.us or Michelle.Leverenz@Muckleshoot.nsn.us to sign up for the class.

"Muckleshoot Money Skills for Life" Course consists of two half-day sessions, from 12:00 pm to 5pm on April 21st and 22nd. Some key points participants will cover are:

- How to budget monthly spending;
- How to improve your credit score;
- The wise approach to "big ticket items" of your financial life – cars and housing;
- Why it's important to begin planning for your future EARLY;
- Investments and 401K;
- Why the wisest way to invest turns out to be one of the easiest; and
- What the REAL benefit of making sound financial decisions is. (Hint: it's not about the money!).

If you wish to attend the 2 half day sessions please contact Cheryl or Michelle. If you are unable to attend we plan to offer additional classes in the future.



Muckleshoot Health

Diabetes Classes 2016

Education Classes starting February 2016.

Scheduled Topics	
February	10th Heart disease
March	9th Kidney disease
April	13th Nerves
May	4th Medications
August	10th Foot, eye, dental
September	14th Physical activity
October	12th Immunizations

It's a new year and that come with many new life choices, let this year be all about you!


We are kicking off the Diabetes Education Classes to start in February 2016.

Come learn more about Diabetes care and ways to prevent it while earning points towards living healthy .

Start out by learning the difference between medications and how to handle low to high blood sugars. Also, to assist getting you back on track and refresh

Diabetes whether you've had education or not. Provide essential tools for healthier eating: carbohydrate counting and label reading. Lastly, knowing the steps you can take to reduce your risk of developing eye, feet, heart, kidney, and nerve complications.

Come to class to learn more about how to best care for yourself with diabetes from head to toe.



Let's get out and begin our journey

Earn your points throughout the year!!

Where: Health and Wellness Center-Mountain Room.
Time: 10am-11am
3pm-4pm
Contact Nikki, RN or Emilie Price, CHR.
1-253-939-6648

Ways to earn Incentive points:
-Attend monthly education classes
-Complete all yearly lab work and appointments with your doctor.

-Get in for individual teaching with Diabetes Nurse and Nutritionist.
-Being more active
-Take medications daily
-Healthy eating

Clean and Sober Housing at Muckleshoot: the Lily and Red Cedar Houses

The concept is simple. After receiving treatment for drug and/or alcohol problems, men and women in this community need a stable living environment that supports their recovery. Initially, this is provided by the men's and women's Recovery House, but what about after that?

The Lily House
This is a residence for women and women with children. Currently there are 11 residents; 5 women and 6 children. This is adult recovery Oxford-style living where residents come in with a level of stability (requires 30 days clean and sober to enter). Most are actively involved at Muckleshoot Behavioral Health and attend weekly 12-step meetings, Al-Anon meetings and/or church. Of course, this home is drug and alcohol-free. About 75% of the women living at the Lily House are employed. There is a reduced rent of \$200 per month. Residents may stay at the Lily House for up to one year.

The Red Cedar House
This is our new sober living home for men opening in the very near future. It has the same requirements and structure as the Lily House, but is for men. Children cannot stay at the Red Cedar House. Both of these homes provide for a clean, sober, safe and supportive environment for men and women in recovery who are on the way to getting their lives back. These facilities provide an opportunity to bridge early recovery to the point of "flying solo" with stability and confidence. Kevin Markham is the Residential Services Administrator for both homes. If you have questions or interest in either facility, please feel free to call him at (253) 333-8230.

What are Needle Exchanges and why do we have them?

Muckleshoot Behavioral Health

What: Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.

Why: NEEDLE EXCHANGES SAVE LIVES!!!
By offering Needle Exchange Services it takes injection needles off of the streets and out of the community. It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal. It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.

When: Muckleshoot Behavioral Health is now offering Needle Exchange Services starting January 22nd, 2016

Where: Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking lot in the HWC Outreach Van.

Contact: Carol VanConett at Behavioral Health with any questions regarding Needle Exchange services at 253-804-8752



SEEKING CCDF PROVIDERS

Do you have a genuine love of children and enjoy seeing them thrive in a safe and comfortable environment.

Could you provide nurturing and fun learning experiences for a neighbor, friend, or family member's child/ren.


We are seeking individuals that can offer – flexible or set days & hours for children between the ages of 0 through 12 years of age.

Give the Muckleshoot Indian Tribe's CCDF Program a call and see how you could get paid for providing childcare services.

Call: Linda Eyle @ 253-876-3016, come by the MECE Building or, send me an Email: linda.eyle@muckleshoot.nsn.us.

Our children are our most precious resource. Parents shouldn't have to struggle to provide quality, affordable care when working, attending schooling, or training opportunities. Please partner with me in protecting this resource!

15599 SE 376TH St Auburn, WA 98092



WHAT ARE THE SIGNS OF HEROIN USE?

Definitive signs of heroin use include:

- Needles or syringes not used for other medical purposes
- Burned silver spoons
- Aluminum foil or gum wrappers with burn marks
- Missing shoelaces (used as a tie off for injection sites)
- Straws with burn marks
- Small plastic bags, with white powdery residue
- Water pipes or other pipe

Behavioral noticeable with heroin addiction include:

- Lying or other deceptive behavior
- Avoiding eye contact, or distant field of vision
- Substantial increases in time spent sleeping
- Increase in slurred, garbled or incoherent speech
- Sudden worsening of performance in school or work, including expulsion or loss of jobs
- Decreasing attention to hygiene and physical appearance
- Loss of motivation and apathy toward future goals
- Withdrawal from friends and family, instead spending time with new friends with no natural tie
- Lack of interest in hobbies and favorite activities
- Repeatedly stealing or borrowing money

from loved ones, or unexplained absence of valuables

- Hostile behaviors toward loved ones, including blaming them for withdrawal or broken commitments
- Regular comments indicating a decline in self esteem or worsening body image
- Wearing long pants or long sleeves to hide needle marks, even in very warm weather

Users build tolerance to heroin, leading to increases in the frequency and quantity of heroin used. With growing tolerance, more definitive physical symptoms of heroin use and addiction emerge:

- Weight loss-they may wear big clothes to hide their weight loss..
- Runny nose (not explained by other illness or medical condition)
- Needle track marks visible on arms
- Infections or abscesses at injection site
- For women, loss of menstrual cycle (amenorrhea)
- Cuts, bruises or scabs from skin picking

For effective Heroin Treatment Solutions Call Us We Have the Answers Muckleshoot Behavioral Health 253-804-8752 Ask to talk to a counselor

May is Volcano Awareness Month



What? Volcano/Lahar Seminar
Where? Elders Complex
When? May 21st, 2016
Why? So that tribal and community members can learn to raise AWARENESS, know the risks and impacts of the ACTIVE VOLCANO that is sitting in our back yards which is beautiful to look at on a daily basis until she decides to wake up!
Who? A seminar hosted by the Elders Complex along with MIT Emergency Management facilitated by the Washington Emergency Management Division
Time? 10:00am – 1:00pm, **come with your questions about the Volcano and learn to prepare!**

Food and beverages will be provided along with a limited number of drawings for emergency kits, families with children are encouraged to attend.



See you in May!
Questions or Comments can be directed to Ada.McDaniel@muckleshoot.nsn.us

MUCKLESHOOT CARES ABOUT OUR YOUTH



- What can I do to prevent getting pregnant?
- I am pregnant ... what do I do?
- I'm thinking about sex ...
- STI's ... what is that?

If you have any of these questions and would like to talk to someone about it, call the HWC Family and Youth Services Program at 253-333-3685. We will help!
We are open Monday - Friday from 9 am to 6 pm.



MCDC Read Across America Family Night

Oh the places you'll go! MCDC celebrated Dr. Seuss's birthday with our annual Read Across America Family Night, Wednesday, March 2, 2016. Children and their families had green eggs, ham, turkey and all the fixings after visiting the activity tables. There was a fun photo booth, free books and lots of Seuss themed fun! Thank you to all of the families who stopped by for a meal and a visit! We love seeing our community reading and having FUN!

Teen Resources

Muckleshoot Health & Wellness Center
253-939-6648
Mon/Tue/Thu/Fri 8 - 5 pm
Wednesdays 9 - 5 pm
Closed for lunch 12 - 1pm
Daily Medical Walk Ins 9 - 11:30 am & 1 - 4 pm

Auburn Public Health Center
901 Auburn Way North
Auburn, WA 98002
253-477-0600
*Teen Clinic - Walk Ins
Tuesdays 12:30 - 4 pm*

Planned Parenthood
1105 South 348th Street #B103
Federal Way, WA 98003
800-769-0045
Mon 9 - 5 pm | Tue & Fri 8 - 4 pm | Wed 11 - 7 pm
Thu 8:30 - 4:30 pm
*Open at 10 am on the third Friday of each month.
Walk-in and scheduled appointments available
Low cost services*

Helpful and informative websites:

For weekly health tips, contests and life advice text **NATIVE** to
www.wernative.org www.ivannaknow.org
www.staying-alive.org www.teenadvice.org
www.866teenlink.org
Teen Crisis Hotline - 866-427-4747



@SEATTLE CENTER • SPACE NEEDLE GREEN
JOHN T. WILLIAMS TOTEM POLE

TIPIS • TIPI RAISING DEMO • CANOES • DEMO ARTISTS
DANCES • SONGS • DRUMMING • STORYTELLING



CONTACT: JOHN ROMERO - (206) 498 - 7640 • KIM CAMARA - (206) 683 - 9804 • NATIVEKULTURZ@YAHOO.COM



Muckleshoot Indian Tribe

Community Garden

Who: ALL MUCKLESHOOT TRIBAL MEMBERS

When: Sign up starts on April 15th, 2016

Where: Philip Starr Bldg (Planning Dept upstairs)

First Round sign up allows each Tribal Member to sign up for one (1) Garden box or plot

There are **ONLY 30 boxes** (4 ft wide x 16 ft long) & **4 plots** (approx. 18' x 20') available.

If there are boxes / plots left over after two weeks, the Second Round sign up will start on April 29th, 2016 for additional boxes or plots that you may want.

Any further questions please call Lisa Sneatum @ 253-876-3325 in MIT Planning for more info. Thank you & hope to see you soon!

Eating Healthy + Fun Exercising + Rewarding Hobby + Family Fun =

Gardening Fun!

End of Season Fish Dinner Prep





PHOTO BY EVAN AVILA

CONGRATULATIONS MIKE, JOHN & JAISON! After the swearing-in ceremonies on April 5, 2016, family and friends joined councilmembers for this large group portrait.



MUCKLESHOOT'S WAVE OF WELLNESS

**SAVE THE DATE:
April 23, 2016**

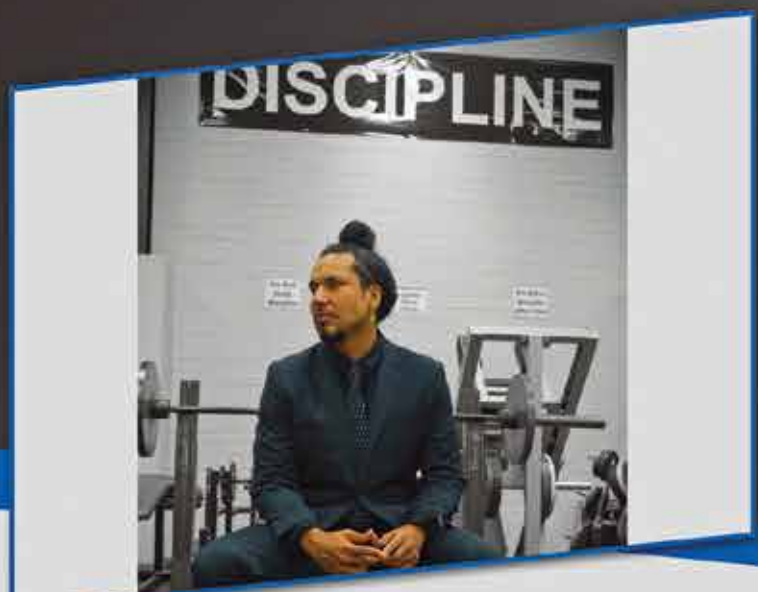
This is a full-day spring event taking place at Muckleshoot Tribal School and hosted by All My Relations Fitness. Its purpose is to encourage, inspire, motivate and support each other on our wellness path. It will tap into your physical, mental, emotional and spiritual aspects to build up a healthier you – and a healthier Tribe.

From youth to elders, all are invited to take part in high impact or low impact exercises, including CrossFit, weight training, basketball drills and conditioning. Learn about traditional medicines and food, Shaken Baby Awareness, Elders health and nutrition classes, and natural soap making, plus much more. Gyasi Ross will be the guest speaker. Breakfast and lunch will be served.

With Native Americas being stricken in disproportionate numbers with diabetes and heart disease, this is an ongoing effort coming in "waves" to encourage, inspire, motivate and support one another on our paths to wellness.

This event is in honor of Heart Awareness ♥

More details to come as the event date nears.



**For more information, contact
Angelica Roberts at 360-509-5329**

This event would not be possible without the Muckleshoot Tribal Council and Muckleshoot Charity Fund

MTS Students Visit Holocaust Center

By Victoria Hildebrand



MTS students at the Holocaust Center

On Monday, April 11, I took the US/Tribal History class to the Holocaust Center for the Humanities in Seattle to extend their learning beyond the classroom. I learned of the traveling exhibit "Anne Frank: A History for Today" via the local news and it just happened to fall at the end of my teaching unit on the Holocaust and WWII.

At this exhibit, the Muckleshoot Tribal School sophomore and junior classes were well informed and impressed the local instructors at the Holocaust Center. The students were eager to share their knowledge of the Holocaust and the life of Anne Frank.

At the end of the tour, the center's instructors gathered a few of the students to get their thoughts on the exhibit. Later, center staff contacted us to express their interest in continuing the conversation at our school and recording it on film. This has been a deeply enriching experience for our students, and we look forward to learning more.

WHO WAS ANNE FRANK?

Anne Frank was a young Jewish girl whose family fled from their home in Frankfurt to Amsterdam in the Netherlands when the Nazis came to power in Germany in the 1930's.

A few years later, the Germans occupied Amsterdam and, in July of 1942, began rounding up Jewish families and sending them to concentration camps.

The Frank family went into hiding in a secret attic apartment. Anne was 13. They managed to avoid detection for just over two years until, on August 3, 1944, the Gestapo discovered their hiding place and shipped them all to Auschwitz. Anne and her older sister, Margot, were then sent to another concentration camp, Bergen-Belson, where they were put to hard labor.

In March of 1945, just seven months after their capture, both girls died of typhus. Anne was a few months shy of her 16th birthday. The camp was liberated by British troops shortly afterwards, but too late for the Frank sisters.


Anne Frank dreamed of being a writer or a journalist. During the family's two years in hiding, she kept diaries recording her experiences, insights, hopes and dreams. After the war, her writings were published as "Anne Frank: The Diary of a Young Girl." It since been reprinted in 60 languages and read by countless millions – especially young people.

Of all her writings, Anne Frank's most famous quote is, "Despite everything, I believe that people are really good at heart."

If she had lived, she would be 86 years old. But she did not. Her life was cut short. She has been gone now for more than 70 years, but the words and spirit of this intelligent and sensitive young girl will never be forgotten.



Anne Frank: A History for Today
 AT THE CENTER MARCH 6 - MAY 18
 Student and community groups daily by appointment. Schedule your group today.
 Open to the public Sundays and Wednesdays. | Click for reservations and information.



DO YOU NEED HELP GETTING YOUR DRIVER'S LICENSE BACK?

The **NORTHWEST JUSTICE PROJECT** provides free (non-criminal) legal services for people who cannot afford a lawyer in Washington.

If you need your driver's license so that you can work and your license was suspended for one of the following reasons, we may be able to help:

- Unpaid Traffic Fines
- Suspension due to a car accident when you were uninsured
- You have one or more convictions for driving with a suspended license and you still have unpaid fines even though the suspension period is over

In order for us to assist you, the court must have already ruled on your traffic citations. The court can rule even if you did not come to court.

NOTE: We are unable to assist where a license is suspended for failure to pay child support or certain criminal traffic convictions, such as DUIs.

To find out whether you qualify for assistance, call the toll free hotline weekdays from 9:00AM to 12:23PM at:

(888) 201-1014

ANNUAL HUNTERS MEETING SCHEDULED FOR JULY 12

The Annual Hunters Meeting is scheduled for **JULY 12, 2016 @ PSB COUGAR ROOM**. **MUST BE PRESENT TO ENTER THE SPECIAL HUNT DRAWING, AND MUST SIGN IN BEFORE 6PM. NO ONE IS ALLOWED TO ENTER THE DRAWINGS AFTER 6PM.**

Goat and Sheep drawings will be on **JULY 19, 2016 AT 6PM AT THE PSB COUGAR ROOM.**

From the Tribal Credit Office...

Have you viewed your credit reports recently? www.creditkarma.com is a completely free website that will allow you to pull your credit reports from Equifax and TransUnion. You will create a User ID and password. There is an App that you can download onto your phone too. This website will tell you what your FICO score is. You can also set your account to notify you if anything is added or falls off of your credit report too. The other website that you can view your credit reports is: www.annualcreditreport.com. This website will allow you to view your credit reports once per year. If you need help with pulling your credit report, you can always stop by our office and we can assist you with that.



EVENTS CALENDAR

- April 16 **Memorial for Marie Paul "Big Gram"**. Headstone setting 10AM at New White Lake Cemetery
- April 23 **Muckleshoot's Wave of Wellness**. Contact Angelica Roberts 360-509-5329
- April 23 **George Louke Family Gathering**. Potluck at 1 pm at the Pentecostal Church
- May 21 **Volcano/Lahar Seminar**. 10am - 1 pm, Elders Complex
- May 29-30 **Traditional Pow Wow & Coastal Jams**. 11am - 7pm at the Seattle Center, Space Needle Green, John T. Williams Totem Pole
- June 3-5 **Annual Tulalip Veterans Pow Wow**, Donald Hatch Gym/Greg Williams Court
- June 7 Per Capita Distribution Cougar Room
- June 8 Per Capita Distribution Cougar Room
- June 9 Per Capita Distribution Finance Building
- July 12 **Annual Hunters Meeting** - 6 pm at PSB Cougar Room
- October 30 **Halloween Party** - 12-4 pm at Emerald Downs
- November 11 **Veteran's Day Dinner** - 5-7 pm at Pentecostal Church
- November 19 **Thanksgiving Dinner** - 4-6 pm at Emerald Downs
- December 17 **Christmas Party** - 2-6 pm at Emerald Downs

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us

Community Service Hours

Tribal and community members needing to complete community service hours obligations for the courts can come see me at the Phillip Starr Building. If you have community service hour obligations and need to start working on them, I can set you up for a place to work them off so you can complete them. Please contact me at 253-876-3153 or email me at walter.pacheco@muckleshoot.nsn.us.

Tomanamus Forest Permits

Get them at the Wildlife Department at the Philip Starr Building. Bring in a copy of your vehicle insurance and a license plate number Tribal Members Only. The permits are FREE. Office Hours are 8am to 5pm Monday thru Friday.



READ THE MUCKLESHOOT MONTHLY ON-LINE AT:
<http://www.muckleshoot.nsn.us/community/muckleshoot-monthly.aspx>

Cultural Events

The Cultural Program Instruction Schedule:

Culture Song, Dance & Dinner
When: Every 2nd Tuesday of the month: Canoe Family song & dance - 5:30 to 7:30 PM

Get Your Weave On! Weaving with Gail WhiteEagle
When: Tuesdays (except 2nd Tuesday's) - 12:00 PM to 8:00 PM
Wednesdays & Thursdays - 9:00 AM to 5:00 PM
Both are at the Canoe Family Clubhouse

Sewing Projects with Pauline Lezard & Sandy Heddrick
When: Workshop times are every Tuesday thru Thursday. They include beading and sewing instruction. Sewing Projects are located at the Lemmon Tree Lane office located next to the Virginia Cross Education Center.

Classes are open to all community members and tribal employees.

Community Classes

The Cultural Program 2016 Class Schedule

Culture Song, Dance & Dinner
When: Every 2nd Tuesday of the month: Canoe Family song & dance. 5:30 to 7:30 PM
Food & drinks will be provided.

Get Your Weave On!
When: Tuesdays (except 2nd Tuesday's) 12:00 PM to 8:00 PM
Wednesdays & Thursdays 9:00 AM to 5:00 PM
Where: Canoe Family Clubhouse @ 38907 172nd Ave SE. (In-between the Community Resources and Muckleshoot Police buildings)

Classes are open to all community members and tribal employees.

For questions regarding the Weaving class Please contact: Gail White Eagle 253-876-3052
For questions regarding Culture Night Please contact: James Smiskin 253-876-3013

IN THE MUCKLESHOOT COURT OF JUSTICE FOR THE MUCKLESHOOT INDIAN RESERVATION AUBURN, WASHINGTON

Case No. _____

In Re the Protection of: L.J., DOB: __07/06/1952__, an elder/vulnerable adult

Vs. Jareen Comenout, DOB: __05/13/1981__, Respondent

NOTICE OF HEARING ON PROTECTION ORDER PETITION TO: Jareen Comenout, DOB: __05/13/1981__

IT IS HEREBY ORDERED THAT the previously entered protection order remains in full force and effect. In particular:

- The respondent is Restrained from committing or threatening to commit physical harm, bodily injury, assault, including sexual assault against the vulnerable adult and from molesting, harassing, or stalking the elder/vulnerable adult.
- Respondent is Restrained from committing or threatening to commit acts of abandonment, abuse, neglect, or financial exploitation against the elder/vulnerable adult.
- The respondent is Excluded from the elder/vulnerable adult's residence.
- The respondent is Restrained from coming near and from having any contact with the elder/vulnerable adult, in person or through others, by phone, mail, or any means, directly or indirectly, except through an attorney, or mailing or delivery by a third party of court documents.
- Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the elder/vulnerable adult and his or her residence.
- The Respondent is Prohibited from knowingly coming within, or knowingly remaining within 500 feet (distance) of the Muckleshoot Elders Complex.
- A violation of this order may subject respondent to arrest and criminal prosecution under tribal and/or state law.
- The protection order expires June 23rd, 2016, but may be renewed prior to its expiration.
- Next hearing: June 23rd, 2016 at 10:00 a.m.
- Parties are responsible for updating the court as to any change of service address.

SO ORDERED this 25th day of March, 2016.
/s/ GARY BASS, CHIEF JUDGE OF THE MUCKLESHOOT COURT OF JUSTICE

Muckleshoot Tribal Court
39015 172nd Avenue SE, Auburn, WA 98092
Phone: (253) 876-3203 / Fax: (253) 876-2903

SUBSCRIBE TO THE MONTHLY...

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:

MUCKLESHOOT MONTHLY
39015 - 172nd Ave. SE
Auburn, WA 98092

clip and return
SUBSCRIPTION REQUEST / ADDRESS UPDATE



[] New subscription [] Address change
Name _____
Address _____
City & State _____ Zip _____
If this is an address change, list previous address:
Address _____
City & State _____ Zip _____
[] I am a Muckleshoot tribal member,
[] I have ties to the Muckleshoot Tribal Community Please explain: _____

Muckleshoot Tribal Businesses

Interested in the bidding for Janitorial & Landscaping Contracts for the year of 2016

Contact: Katie Brown @ 253-876-3354 or katie.brown@muckleshoot.nsn.us
Jaclyn Redding @ 253-876-3340 or jaclyn.redding@muckleshoot.nsn.us

Janitorial Info by Mid April 2016
Landscaping Info by Mid February 2016

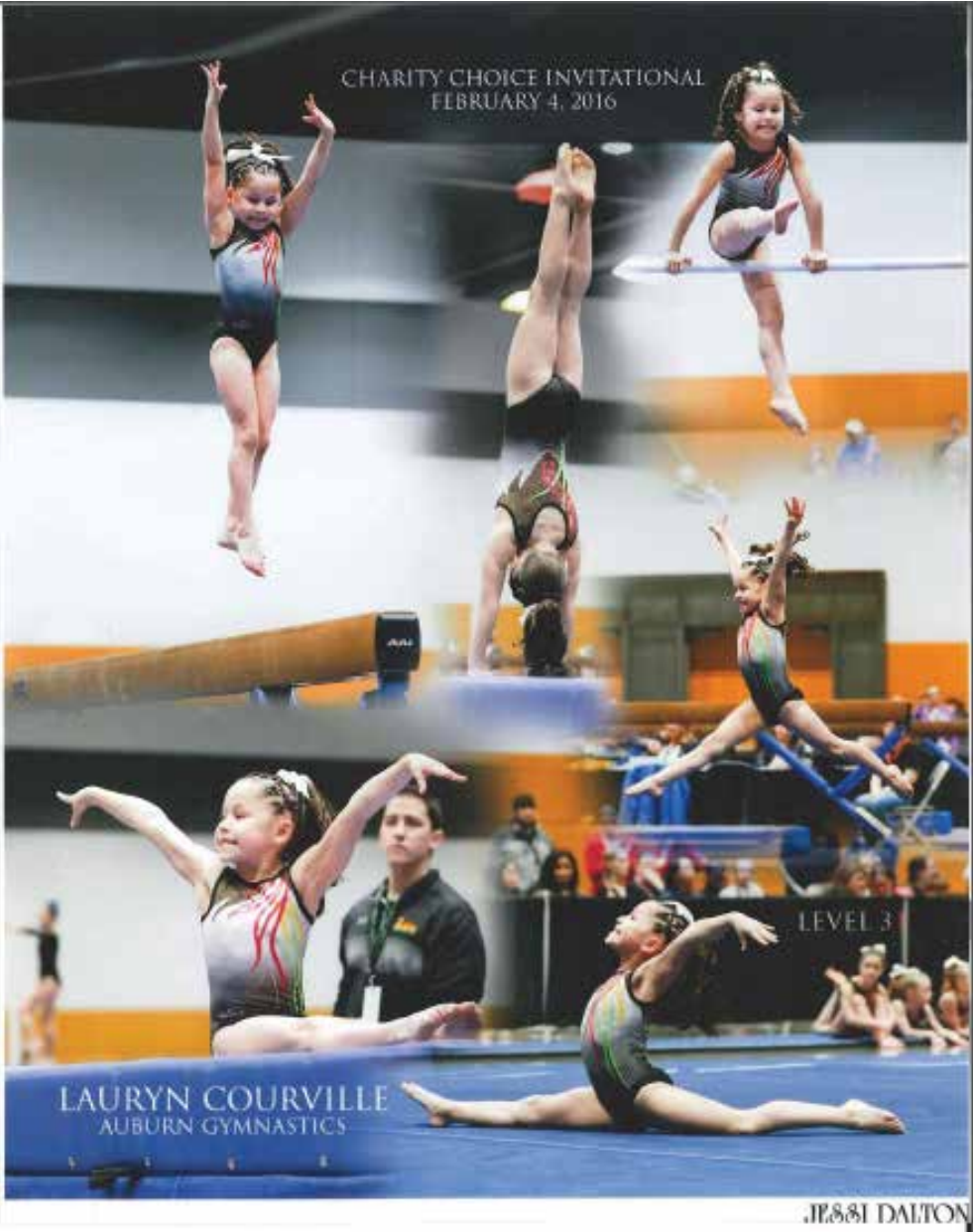
Muckleshoot Monthly
John Loftus, Managing Editor
Evan Avila, Assistant Editor
39015 172nd Avenue SE
Auburn, WA 98092

Muckleshoot.Monthly@muckleshoot.nsn.us
2016-17 Muckleshoot Tribal Council
Virginia Cross, Chair
John Daniels Jr., Vice-Chair
Jeremy James, Secretary
Jaison Elkins, Treasurer
Mike Jerry Sr.
Kerri Marquez
Anita Mitchell
Marie Starr
Louie Ungaro

2016 Per Capita Deadlines and Schedule

May 31, 2016	- Enrollment Cut Off Date for September 2016 Per Capita
June 7, 2016	- Per Capita Distribution Cougar Room
June 8, 2016	- Per Capita Distribution Cougar Room
June 9, 2016	- Per Capita Distribution Finance Building





“Our family would like to recognize Lauryn Courville, our brilliant athlete. Lauryn was diagnosed with type 1 diabetes several years ago but hasn’t let that stop her from becoming a promising young gymnast. Lauryn is currently a level 3 at her gym and has placed in all 5 tournaments that she’s participated in. Most recently during a March Madness tournament in Spokane, our rising star took first place in her level.

In addition to her incredible athleticism, Lauryn earns top marks in academics and has been recognized by her school for her tremendous citizenship. She’s a caring, friendly, witty, intelligent, and well-rounded young person and a role-model for her peers and siblings. We raise our hands to our little one in honor and pride of her accomplishments.

With lots of love, Jessica Garcia-Jones (mom), Matt Courville (dad), Matt Jones (step-dad), Olivia Courville (sister), Madrienne Courville (sister), Vivian Asphy (sister), Farrah Jones (sister), Audree Jones (sister), Laurie Molina (grandmother), Gilbert Garcia (uncle), Madrienne Salgado (aunt), Joshua Molina (uncle), and Charlotte Porterfield (aunt).”



A FAMILY TRADITION. Clint Eyle and big sister Babe at the Mariners home opener.



Tayla LaClair asking Auburn High School Baseball Star, Jace Graves to Tolo, he said yes to her idea.



Happy 2nd birthday Lamyah Rose Lamere, Feb 27, 2014, from mommy, daddy, brother Tristan, Kyson, sister Karley, grandma, and auntie Deanna AKA her BFF.



A little special for Tamicka at the Pow-wow we had at the Tribal School in the 12th of March.



March 14th- Happy birthday to my dad John Elkins Sr.,
Love you! - Lisa



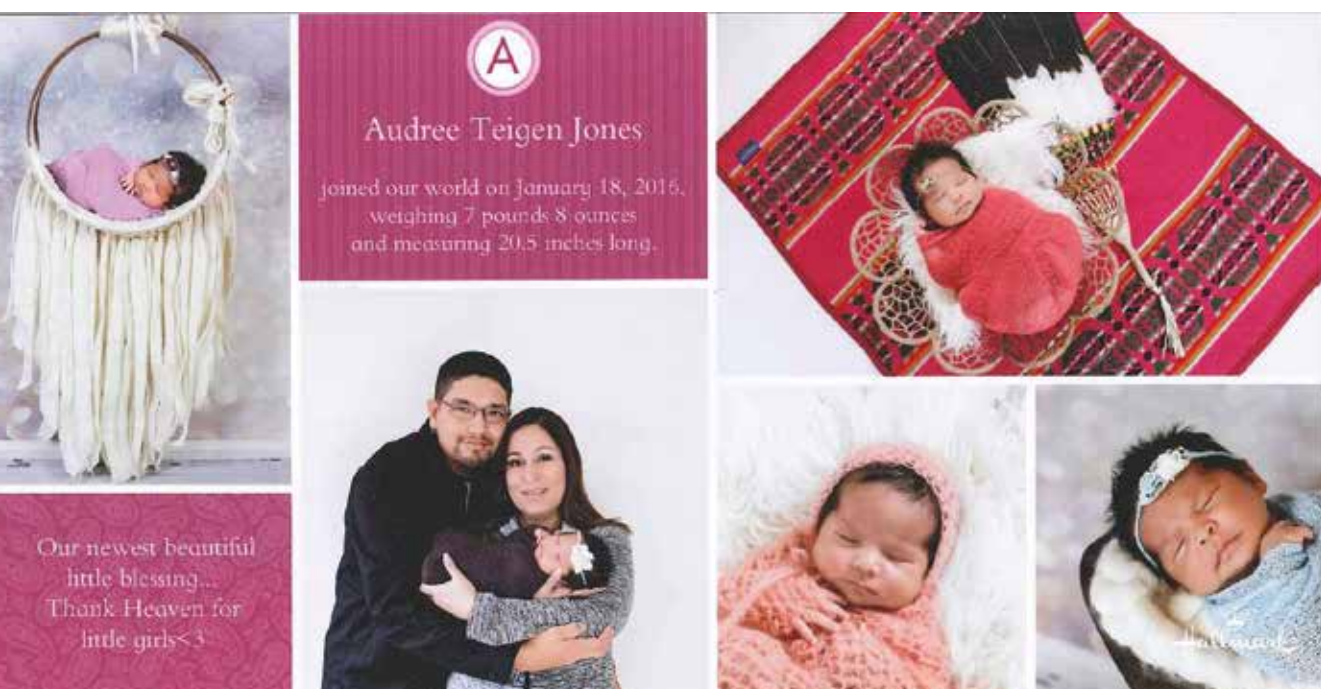
“Happy Birthday to the two most important people in my life, Ma’leah Rose & Auntie Julia. You guys are an important part of my life and I thank the both of you for standing by my side on the good and bad days. I hope your birthdays are everything you wished for and then some :)

love you always.” - XOXO; Mommy & Suz-K :)



Baptism of Christopher Edwin Howe Jr.

Baby Christopher Edwin Howe Jr., son of Tara Vasquez and Christopher Howe, was Baptised at St. Leo’s parish in Tacoma, Washington on March 27, 2016 (Easter Sunday) by Father Patrick Twohy. Christopher’s proud Godmother is Rose Lorraine James.



Audree Teigen Jones

joined our world on January 18, 2016, weighing 7 pounds 8 ounces and measuring 20.5 inches long.

Our newest beautiful little blessing... Thank Heaven for little girls <3

Born to Jessica Garcia-Jones and Matt Jones



FUTURE LEADER? Kiva Jerry, age 8, tends to some paperwork at her father’s spot on the Tribal Council table.